



## Menu Plan Densa Park – January 2019

Week 01	Week 02	Week 03	Week 04	Week 05
<b>Monday (31.12.18)</b> Holiday	<b>Monday (07.01.19)</b> Variation of puff pastries  Vegetable tempura with yoghurt sauce	<b>Monday (14.01.19)</b> Creamy tomato soup  Fish paella	<b>Monday (21.01.19)</b> Cucumber salad  Fajitas with mashed red beans and bell peppers	<b>Monday (28.01.19)</b> Vegetarian stock  Vegetable pot with bulgur
<b>Tuesday (01.01.19)</b> Holiday  Happy New Year	<b>Tuesday (08.01.19)</b> Mimosa eggs  Mashed potatoes Aligot style with roots	<b>Tuesday (15.01.19)</b> Green lettuce with croutons  Filled zucchini with polenta, mozzarella and tomato	<b>Tuesday (22.01.19)</b> Taboulé  Rolled lamb with winter vegetables	<b>Tuesday (29.01.19)</b> <b>Cabbage salad</b>  <b>Fiskefrikadeller with red cabbage and cranberry confit</b>
<b>Wednesday (02.01.19)</b> Letter soup  Chicken nuggets with fried potatoes and carrots	<b>Wednesday (09.01.19)</b> <b>Fish Rillette</b>  <b>`Bollar i karry' with market vegetables</b>	<b>Wednesday (16.01.19)</b> Vegetable stock with mint  Asia wok with tofu and noodles	<b>Wednesday (23.01.19)</b> Vegetable soup  Potatoes au gratin with mushrooms duxelles	<b>Wednesday (30.01.19)</b> Leaf lettuce  Vegetable lasagne
<b>Thursday (03.01.19)</b> Endive salad with apples  Filled pancakes with mushrooms, leek and carrots	<b>Thursday (10.01.19)</b> Potato and celery soup  Penne with creamy vegetable sauce	<b>Thursday (17.01.19)</b> <b>Iceberg lettuce with cheese</b>  <b>Polse (danish hot dogs)</b>	<b>Thursday (24.01.19)</b> Curry soup with chicken  Fried fish with aniseed sauce, rice and koko beans	<b>Thursday (31.01.19)</b> Creamy corn sip  Pumpkin in coconut milk, chickpea curry and Thai rice
<b>Friday (04.01.19)</b> Mixed salat  Tagliatelle with egg plants and tomatoes sauce	<b>Friday (11.01.19)</b> Lentil salat  Spinach quiche	<b>Friday (18.01.19)</b> Lettuce soup with cheese  Gnocchi au gratin with pumpkin and gorgonzola sauce	<b>Friday (25.01.19)</b> <b>Skidne Aeg</b>  <b>Vegetarian Smörrebröd</b>	<b>Friday (01.02.19)</b>

**Specialties according to the pedagogical theme of the month**