



Menu Plan Bruderholz – February 2019

Week 5	Week 6	Week 7	Week 8	Week 9
Monday	Monday (04.02.19) Creamy fennel soup Couscous with cabbage and chickpeas	Monday (11.02.19) Salad with eggs Ebly with vegetables and Indian bean cassoulette	Monday (18.02.19) Celery and pear soup Grilled whole meal rice with vegetables and eggs	Monday (25.02.19) China cabbage salad Pork in sweet and sour sauce with Basmati rice
Tuesday	Tuesday (05.02.19) Creamy lentil soup Fish pie	Tuesday (12.02.19) Creamy mushroom soup Filled pancakes with leek and cheese	Tuesday (19.02.19) Salad with mung bean sprouts Shanghai beef with noodles	Tuesday (26.02.19) Red bean soup Spätzle with savoy cabbage
Wednesday	Wednesday (06.02.19) Creamy corn soup Potatoes, carrot and sausage pot	Wednesday (13.02.19) Pekinese soup Ginger chicken with noodles	Wednesday (20.02.19) Leek and potato soup Blinis with hummus and avocado mousse	Wednesday (27.02.19) Salad with bell peppers Rösti with apples au gratin
Thursday	Thursday (07.02.19) Chinese salad Cantonese rice with eggs and bacon	Thursday (14.02.19) Cucumber salad Whole meal spaghetti with tuna sauce	Thursday (21.02.19) Cauliflower salad Whole meal pizza with chicken	Thursday (28.02.19) Creamy spinach soup Legume stew with tomatoes and estragon
Friday (01.02.19) Asian coconut soup Bami Goreng with chicken	Friday (08.02.19) Green lettuce with carrots Pasta with bell peppers, herb sauce and cheese	Friday (15.02.19) Creamy red beet soup Grain risotto with vegetables and black beans	Friday (22.02.19) Tomato broth Fish brandade with mashed potatoes	Friday

Specialties according to the pedagogical theme of the month: China