



Menu Plan Densa Park – May 2019

| Week 18 | Week 19 | Week 20 | Week 21 | Week 22 |
|--|--|---|--|--|
| Monday (29.04.19) | Monday (06.05.19) Endive salad with pineapple Penne Rigate with creamy mushroom sauce | Monday (13.05.19) Bellpepper salad with sesame seeds Vegetable roly-poly | Monday (20.05.19) Coconut soup Quinoa salad with tofu | Monday (27.05.19) Cabbage salad Pasta with tomatoe and olive sauce |
| Tuesday (30.04.19) | Tuesday (07.05.19) Mixed salad Catalan calamari with courgettes | Tuesday (14.05.19) Vegetable soup Canneloni filled with spinach and ricotta | Tuesday (21.05.19) <i>Ensalada de Chayote</i> <i>Arros con Pollo</i> | Tuesday (28.05.19) Leafe lettuce with sweetcorn Gratinated courgettes and aubergine with goats cheese |
| Wednesday (01.05.19) Labour Day – ylaa stays closed | Wednesday (08.05.19) Turnip salad Swiss hash browns with vegetables | Wednesday (15.05.19) Green salad with carrots Cheesburger with country potatoes | Wednesday (22.05.19) Spinach soup with croutons and eggs Mixed vegetables with dip | Wednesday (29.05.19) <i>Sopa negra</i> <i>Tortillas con a tun</i> |
| Thursday (02.05.19) <i>Picco Gallo</i> <i>Casado</i> | Thursday (09.05.19) <i>Chorreadas</i> <i>Gallo pinto</i> | Thursday (16.05.19) Greek salad Vegetable skewers with dill sauce | Thursday (23.05.19) Maniok salad Fish crouquettes with creol sauce, baked potatoes and cocos beans | Thursday (30.05.19) Ascension Day - ylaa stays closed |
| Friday (03.05.19) Lamb`s lettuce with croutons Baked potatoes with chive cream and broccoli | Friday (10.05.19) Cauliflower soup Beef stroganoff with Ebly | Friday (17.05.19) <i>Crema de perejil</i> <i>Pesca con berenjena</i> | Friday (24.05.19) Cucumber salad with mint leaves Aubergine filled with couscous, chickpeas and coriander | Friday (31.05.19) Rocket salad with cherry tomatoes Cheese quiche |

Specialties according to the pedagogical theme of the month