



## Menu Plan Bruderholz – August 2019

Week 31	Week 32	Week 33	Week 34	Week 35
	Monday (05.08.19)	Monday (12.08.19)	Monday (19.08.19)	Monday (26.08.19)
	Broccoli salad	Red beet salad	Fennel salad with eggs	Salad with Emmentaler cheese
	Potatoes and vegetable Tian with cheese	Wholemeal Fusilli with bell pepper sauce and tofu	Millet with vegetable cassolette	Polenta with tomato concasse
	Tuesday (06.08.19)	Tuesday (13.08.19)	Tuesday (20.08.19)	Tuesday (27.08.19)
	Chickpea salad	Cucumber salad	Bell pepper salad	Green bean salad
	Egyptian Fisch pie with leek	Wholemeal rice with salmon sauce and vegetables	Cherry tomat, mushroom and quinoa clafoutis (au gratin)	Chicken wings with country potatoes
	Wednesday (07.08.19)	Wednesday (14.08.19)	Wednesday (21.08.19)	Wednesday (28.08.19)
	Radish salad	Watermelon salad	Egg plant salad	Mixed melon salad
	Zucchini with buckwheat and legumes	Fateer (Egyptian calzone with legume)	Beef lasagne with vegetables	Codfish with herb sauce and wholemeal Penne
Thursday (01.08.19)	Thursday (08.08.19)	Thursday (15.08.19)	Thursday (22.08.19)	Thursday (29.08.19)
Swiss National Holiday – ylaa stays closed	Carrot and green bean salad	Coleslaw	Dates and vegetable salad	Greek salad
	Mexican rice pot with eggs	Boiled meat salad with bread	Kochari (Egyptian Fisch pot)	Flatbread with raisons
Friday (02.08.19)	Friday (09.08.19)	Friday (16.08.19)	Friday (23.08.19)	Friday (30.08.19)
Vegetable sticks with dip	Spinach salad	Tomato salad	Corn salad	Egyptian soup with legumes
Sausage and cheese salad with potato slices	Breaded chicken Schnitzel with Ebly	Fresh made Spätzle with cheese and carrots	Couscous with bean ragout	Mashi (filled vegetables)

Specialties according to the pedagogical theme of the month: Egypt