



Menu Plan Densa Park – September 2019

Week 36	Week 37	Week 38	Week 39	Week 40
<p>Monday (02.09.19)</p> <p>Avocado-egg-tomato-salad</p> <p>Breaded tofu with Wok vegetables</p>	<p>Monday (09.09.19)</p> <p>Cauliflower soup</p> <p>Sweet potato mash with seasonal vegetables and gravy with sage</p>	<p>Monday (16.09.19)</p> <p>Quinoa salad</p> <p>Fish soup with salmon, shrimps and cod</p>	<p>Monday (23.09.19)</p> <p>Green salad with cherry tomatoes</p> <p>Macaroni gratin</p>	<p>Monday (30.09.19)</p> <p>Mixed salad</p> <p>Bulgur with vegetables and white sauce</p>
<p>Tuesday (03.09.19)</p> <p>Sweetcorn-tapioca-cream soup</p> <p>Poached fish with Sauce Choron, leek and carrots</p>	<p>Tuesday (10.09.19)</p> <p>Salad Liegeoise style</p> <p>Chicken waterzooi with rice</p>	<p>Tuesday (17.09.19)</p> <p>Farmer`s soup</p> <p>Mushrooms filled with barley</p>	<p>Tuesday (24.09.19)</p> <p>Chicken broth with herbs</p> <p>Steamed fish in the bag with wild rice</p>	<p>Tuesday (01.10.19)</p>
<p>Wednesday (04.09.19)</p> <p>Red bean salad with cucumbers</p> <p>Filled bellpeppers with quorn and eby</p>	<p>Wednesday (11.09.19)</p> <p>Lentil salad</p> <p>Filled dumpling «Samosa» with curry</p>	<p>Wednesday (18.09.19)</p> <p>Onion soup with gratinated croutons</p> <p>Meatballs Liègeoise style with oven fries</p>	<p>Wednesday (25.09.19)</p> <p>Coleslaw salad</p> <p>Hot Dogs vegetarian style</p>	<p>Wednesday (19.02.19)</p>
<p>Thursday (05.09.19)</p> <p>Soup Malinoi</p> <p>Flemish carbonade with salt potatoes</p>	<p>Thursday (12.09.19)</p> <p>Iceberg lettuce with croutons and Grana Padano</p> <p>Fusili with tomato and basil sauce</p>	<p>Thursday (19.09.19)</p> <p>Libanese taboule</p> <p>Chickpea ragout with mixed vegetables</p>	<p>Thursday (26.09.19)</p> <p>Tomato and bellpepper cream soup</p> <p>Fried potatoes with broccoli and dip with chives</p>	<p>Thursday (03.09.19)</p>
<p>Friday (06.09.19)</p> <p>Lolo rosso salad with apples</p> <p>Green vegetable cake</p>	<p>Friday (13.09.19)</p> <p>Vegetable soup</p> <p>Fish filet with seed crust coating</p>	<p>Friday (20.09.19)</p> <p>Market soup</p> <p>Burek with spinach and feta cheese</p>	<p>Friday (27.09.19)</p> <p>Eggs Meulemeester style</p> <p>Rolled up chicoree baked with ham</p>	<p>Friday (04.10.19)</p>

Specialties according to the pedagogical theme of the month