



## Menu Plan Densa Park – March 2020

Week 10	Week 11	Week 12	Week 13	Week 14
<p><b>Monday (02.03.20)</b></p> <p>Carrot soup with ginger and curcuma</p> <p>Penne Rigate with courgette and sheep`s cheese sauce</p>	<p><b>Monday (09.03.20)</b></p> <p>Cucumber salad with yoghurt sauce</p> <p>Oven aubergine with tomato and couscous</p>	<p><b>Monday (16.03.20)</b></p> <p>Vegetable soup</p> <p>Cuttlefish risotto in their own ink</p>	<p><b>Monday (23.03.20)</b></p> <p>Bellpepper soup</p> <p>Hearty rice salad</p>	<p><b>Monday (30.03.20)</b></p> <p>Green bean salad</p> <p>Spinache ricotta lasagna</p>
<p><b>Tuesday (03.03.20)</b></p> <p><b><i>Garlic bread with salad</i></b></p> <p><b><i>Colcannon with Tofu</i></b></p>	<p><b>Tuesday (10.03.20)</b></p> <p>Soup vermicelle</p> <p>Ocean Bami Goreng</p>	<p><b>Tuesday (17.03.20)</b></p> <p>Leaf salad with fresh beetroot</p> <p>Jasmin rice with Tofu and Chinese cabbage</p>	<p><b>Tuesday (24.03.20)</b></p> <p>Cabbage salad</p> <p>Cevapcici with bread and hajvar</p>	<p><b>Tuesday (31.03.20)</b></p> <p>Broccoli cream soup</p> <p>Whole wheat fusili with fish and dill sauce</p>
<p><b>Wednesday (04.03.20)</b></p> <p>Pumpkin soup</p> <p>Tomato waffles with raw ham</p>	<p><b>Wednesday (11.03.20)</b></p> <p><b><i>Flotchep soup</i></b></p> <p><b><i>Traditional Irish stew</i></b></p>	<p><b>Wednesday (18.03.20)</b></p> <p>Tomato soup</p> <p>Filled mushrooms with scrambled eggs and chives</p>	<p><b>Wednesday (25.03.20)</b></p> <p>Avocado salad with pine nuts and sweetcorn</p> <p>Mixed bean ragout</p>	<p><b>Wednesday (01.04.20)</b></p>
<p><b>Thursday (05.03.20)</b></p> <p>Iceberg salad with eggs</p> <p>Five corn galette with cabbage</p>	<p><b>Thursday (12.03.20)</b></p> <p>Pie soup with bacon</p> <p>Ratatouille with croutons and olive tapenade</p>	<p><b>Thursday (19.03.20)</b></p> <p><b><i>Irish coleslaw</i></b></p> <p><b><i>Shepherd`s pie</i></b></p>	<p><b>Thursday (26.03.20)</b></p> <p>Chicoree cream soup</p> <p>Fish in a baf with fennel and potatoe mash</p>	<p><b>Thursday (02.04.20)</b></p>
<p><b>Friday (06.03.20)</b></p> <p>Wild rice soup</p> <p>Fish and vegetable terrine</p>	<p><b>Friday (13.03.20)</b></p> <p>Carrot salad</p> <p>Colourful pizza</p>	<p><b>Friday (20.03.20)</b></p> <p>Mixed salad</p> <p>Terrine polenta with herb sauce</p>	<p><b>Friday (27.03.20)</b></p> <p><b><i>Irish chowder</i></b></p> <p><b><i>Irish Boxty with salad</i></b></p>	<p><b>Friday (03.04.20)</b></p>

**Specialties according to the pedagogical theme of the month**