



Menu Plan Bruderholz – September 2020

Week 36	Week 37	Week 38	Week 39	Week 40
	<p>Monday (07.09.20)</p> <p>Hummus Quesadillas</p> <p>Vegetarian Shepherd's Pie</p>	<p>Monday (14.09.20)</p> <p>Creamy vegetables soup</p> <p>Baked sea bass with lemon-caper dressing, spinach and potatoes</p>	<p>Monday (21.09.20)</p> <p>Minestrone soup</p> <p>Spinach pie Burek</p>	<p>Monday (28.09.20)</p> <p>Zucchini creamy soup</p> <p>Chicken Saltimbocca with quinoa</p>
<p>Tuesday (01.09.20)</p> <p>Chickpeas soup</p> <p>Prosciutto wholegrain pasta carbonara</p>	<p>Tuesday (08.09.20)</p> <p>Thai carrot soup</p> <p>Chicken Zürcher Geschnetzeltes' with quinoa</p>	<p>Tuesday (15.09.20)</p> <p>Vegetables sticks with soft cheese dip</p> <p>Chili con Carne (Veggie) with whole grain Rice</p>	<p>Tuesday (22.09.20)</p> <p>Potato salad</p> <p>Tofu curry with cashews and vegetables</p>	<p>Tuesday (29.09.20)</p> <p>Greek salad</p> <p>Vegetarian Schnitzel with baked potatoes and yogurt sauce</p>
<p>Wednesday (02.09.20)</p> <p>Mixed green salad</p> <p>Chicken Biryani UAE National Dish</p>	<p>Wednesday (09.09.20)</p> <p>Green salad with halloumi cheese</p> <p>Kohlrabi Piccata with tomato sauce and spaghetti</p>	<p>Wednesday (16.09.20)</p> <p>Caprese salad</p> <p>Sweet potatoes and chickpeas curry with quinoa</p>	<p>Wednesday (23.09.20)</p> <p>Fresh mixed salad</p> <p>Crispy falafel with rice and tomato sauce UAE Dish</p>	<p>Wednesday (30.09.20)</p> <p>Corn salad</p> <p>Tomato risotto</p>
<p>Thursday (03.09.20)</p> <p>Cucumber salad</p> <p>Baked Piri Piri Tilapia with mashed potatoes</p>	<p>Thursday (10.09.20)</p> <p>Green salad with crispy croutons</p> <p>Spaetzle with vegetables</p>	<p>Thursday (17.09.20)</p> <p>Season salad with feta cheese</p> <p>Vegetable Lasagne</p>	<p>Thursday (24.09.20)</p> <p>Orzo salad</p> <p>Parmesan baked fish with seasonal vegetables</p>	
<p>Friday (04.09.20)</p> <p>Tomato couscous salad</p> <p>French's green bean casserole</p>	<p>Friday (11.09.20)</p> <p>Caesars salad</p> <p>Shrimp Fried with spices (Ro-be-yann nashif) UAE Dish</p>	<p>Friday (18.09.20)</p> <p>Bulgur lentil salad</p> <p>Chicken Shawarma UAE Dish</p>	<p>Friday (25.09.20)</p> <p>Breadsticks with white beans dip</p> <p>Spaghetti Bolognese</p>	

Specialties according to the pedagogical theme of the month: United Arab Emirates

