



Menu Plan Densa Park - November 2020

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Monday (02.11.20)

Patisson soup

Codfish filet with white lemon sauce, Ebly and courgettes

Tuesday (03.11.20)

Leaf salad with apples

Poutine (Canadian dish)

Wednesday (04.11.20)

Creme soup with farmers market vegetables

Beluga lentil soup

Thursday (05.11.20)

Lolo rosso salad

"Croque-Monsieur" with mozzarella, pesto and ham

Friday (06.11.20)

Puff pastry with dried tomatoes and rocket salad

Vegetable cake with bellpepper joghurt sauce

Week 46

Monday (09.11.20)

Antipasti salad

Spaghetti bolognese

Tuesday (10.11.20)

Turnip cabbage salad

Parmentier with chickpea and sweet potatoe mash and mushrooms

Wednesday (11.11.20)

Sweetcorn soup

Atlantiv cod "New Scottland" with broccoli

Thursday (12.11.20)

Courgette salad with avocado, carrots, feta and orange dressing

Pumpkin waffles with salad

Friday (13.11.20)

Bellpepper coconut soup

Vegetarian Thai dumplings with basmati rice and lemongrass sauce

Week 47

Monday (16.11.20)

Rocket salad potatoe soup

Eggplant gratin

Tuesday (17.11.20)

Mixed salad

Mercimek köfte with homemade tzaziki

Wednesday (18.11.20)

Wildrice soup

Baby leaf salad with poached eggs, cheese and avocado pesto

Thursday (19.11.20)

Cabbage salad Canadian style

Tourtière (Canadian meat pie)

Friday (20.11.20)

Carrot soup

Poached fish with apples and celery bouillon, boiled potatoes and green beans

Week 48

Monday (23.11.20)

Onion soup with cheese chips from the oven

Pak choi in sesame sauce with fried edamame noodles

Tuesday (24.11.20)

Rocket- and leaf salad with Pecorino

Tomatoe and balsamico "Tarte-Tatin"

Wednesday (25.11.20)

Green salad with red radish

Fish piquillos (filled bellpeppers)

Thursday (26.11.20)

Soup Dubarry

Vegetable tofu with exotic fruit chutney

Friday (27.11.20)

Iceberg salad with croutons

"La sagamite Huronne" soup

Week 49

Monday (30.11.20)

Tomatoe basil soup

Pumpkin risotto

Tuesday (01.12.20)

Wednesday (02.12.20)

Thursday (03.12.20)

Friday (04.12.20)

Specialties according to the pedagogical theme of the month Canada

