



Menuplan Densa Park – January 2021

Week 01	Week 02	Week 03	Week 04	Week 05
Monday (04.01.21) Rocket salad soup with cream Risotto with fresh herbs	Monday (11.01.21) Salad with diced bellpeppers Pouch steamed fish with seasonal vegetables	Monday (18.01.21) Cabbage soup Colombo Tofu with Quinoa	Monday (25.01.21) Mint Taboulé Chakchouka (lentils with tomato sauce and spinach)	Monday (01.02.21)
Tuesday (05.01.21) Green bean salad Lamb in olive sauce with Ebly	Tuesday (12.01.21) Tom Kha Kai soup Vegetarian Wok	Tuesday (19.01.21) Chickpea salad Fishsticks with vegetables from the market	Tuesday (26.01.21) Poke Bowl Chicken Wings with sweet potatoe fries	Tuesday (02.02.21)
Wednesday (06.01.21) Broccoli soup with cream Potatoe leek gratin	Wednesday (13.01.21) Colslaw Salat Hamburger with potatoe wedges	Wednesday (20.01.21) Carrot Orange soup Gnocchi gratiné with eggplant and tomato sauce	Wednesday (27.01.21) Winter vegetable soup Lentil cake with mustardseed sauce	Wednesday (03.02.21)
Thursday (07.01.21) Palm hearts salad with sweetcorn Cellery Picatta with sage sauce	Thursday (14.01.21) Red bean soup Vegetable Tempura	Thursday (21.01.21) Corn Pancake Pulled pork with barbecue Sauce and salad	Thursday (28.01.21) Cucumber salad Fish mousseline with whole grain rice and anisseed sauce	Thursday (04.02.21)
Friday (08.01.21) Crab Cakes Mac & Cheese	Friday (15.01.21) Cauliflower salad Galette Bretonne	Friday (22.01.21) Cellery apple salad Mushroom pockets with brown sauce	Friday (29.01.21) Alphabet soup Courgette tarte	Friday (05.02.21)

Specialties according to the pedagogical theme of the month: USA

