

Menu Plan Bruderholz - February 2021

Week 05

Week 06

Week 07

Week 08

Week 09

Monday (01.02.21)

Lentil salad with goat cheese.

Oven baked chicken with couscous and season vegetables.

Monday (08.02.21)

Warming hummus soup.

Butternut squash, sage and chestnut risotto.

Monday (15.02.21)

Green beans and potato

Fish puttanesca with herbed rice.

Monday (22.02.21)

Iceberg, glazed carrots and apples salad.

Veggie sausage hot dogs.

Monday (01.03.21)

Tuesday (02.02.21)

Kale, potato and white bean soup.

Pasta mista.

Tuesday (09.02.21)

Rosemary roasted cauliflower salad.

Italian beef ragu with polenta.

Tuesday (16.02.21)

Southwest style salad with salsa verde.

Soya mince and vegetables stir fry with bulgur.

Tuesday (23.02.21)

Tuna fish and eggs salad.

Stuffed portobello mushrooms with rosemary potatoes.

Tuesday (02.03.21)

Wednesday (03.02.21)

Chopped green salad.

Asian garlic tofu with jasmine rice and broccoli.

Wednesday (10.02.21)

Kohlrabi and corn salad. Bayette carbonara. Wednesday (17.02.21)

Chicken bouillon and vegetables soup.

Schnitzel with rosti and onion sauce.

Wednesday (24.02.21)

Curried pumpkin and chickpeas soup.

Veggie Frikadelle deluxe with quinoa.

Wednesday (03.03.21)

Thursday (04.02.21)

Creamy celery soup.

Braised octopus in tomato sauce with fingerling potatoes.

Thursday (11.02.21)

Creamy carrot and tomato soup.

Spaetzle with garlic buttered mushrooms.

Thursday (18.02.21)

Broccoli and almonds salad.

Tagliatelle with burrata cheese, cherry tomatoes and pine nuts.

Thursday (25.02.21)

Aurora soup.

Veal saltimbocca ale romana with rice and season vegetables.

Thursday (04.03.21)

Friday (05.02.21)

Italian romaine salad. Mini Pizza variations. Friday (12.02.21)

Pomegranates, walnuts and arugula salad

Sicilian stuffed squids with rice.

Friday (19.02.21)

Radish salad with curry and orange dressing.

Kohlrabi piccata with couscous and tomato sauce.

Friday (26.02.21)

Lettuce and beets salad with yogurt sauce.

Spinach lasagne.

Friday (05.03.21)

Specialties according to the pedagogical theme of the month: Italy

