



Menu Plan Densa Park - June 2021

Week 22

Week 23

Week 24

Week 25

Week 26

Monday (31.05.21)

Monday (07.06.21)

Mixed salad Bi

Fried fennel with quinoa and vegetables

Monday (14.06.21)

Broccoli soup

Lamb curry with creamy sweet potatoe mash

Monday (21.06.21)

Vegetable soup with walnut bread

Pouch steamed fish with vegetable Julienne

Monday (28.06.21)

Melon salad

Tagliatelle with cherry tomatoes, pesto and pecorino

Tuesday (01.06.21)

Sopa Negra

Arroz amarillo con Polo Tuesday (08.06.21)

Tomato carpaccio

Semolina dumpling with mushroom sauce

Tuesday (15.06.21)

Leaf salad with carrots

Eblysotto with Mascarpone

Tuesday (22.06.21)

Cucumber spaghetti salad

Potatoe waffles with creamcheese and chives

Tuesday (29.06.21)

Potatoe salad

Fresh cesar salad with cheese

Wednesday (02.06.21)

Spinach salad with apples and croutons

Cauliflower gratin with cheese

Wednesday (09.06.21)

Avocado mango salad

Ropa Vieja

Wednesday (16.06.21)

Basil cream soup with peas

Fish couscous with eggplant and courgettes

Wednesday (23.06.21)

Gazpacho

Courgette Clafoutis with fresh parsley

Wednesday (30.06.21)

Rocket salad cream soup

Tomatoe Tarte fine with white balsamic vinegar

Thursday (03.06.21)

Salad with diced cheese

Fish strudel with eggplant caviar

Thursday (10.06.21)

Préfou with salad

Vegetable sticks with herb dip

Thursday (17.06.21)

Sweetcorn soup

Vegetarian Picadillo

Thursday (24.06.21)

Lentil salad

Marinated Tofu in oyster sauce with pakchoi

Thursday (01.07.21)

Friday (04.06.21)

Oriental soup

Vegetarian Kibbeh with bulgur and fresh parsley Friday (11.06.21)

Asorted puff pastry snacks

Fish terrine with dill sauce and carrot sticks

Friday (18.06.21)

Celery salad with orange dressing

Vegetarian Samosa with mushroom and courgettes

Friday (25.06.21)

Sandwich Cubano

Fresh pinapple salad with fresh mint

Friday (02.07.21)

Specialties according to the pedagogical theme of the month: Cuba