



## Menu Plan Densa Park – August 2021

Woche 31	Woche 32	Woche 33	Woche 34	Woche 35
<b>Montag (02.08.21)</b> Melon salad Risotto with fresh herbs	<b>Montag (09.08.21)</b> Muffins with olives and dried tomatoes Courgette filled with quorn and ricotta cheese	<b>Montag (16.08.21)</b> Cocobean salad Polenta with carrot coulis	<b>Montag (23.08.21)</b> Spring rolls Shrimp curry with glass noodles	<b>Montag (30.08.21)</b> Greek salad Eggplant tomato mozzarella skewers
<b>Dienstag (03.08.21)</b> <b><i>Courgette salad with Gruyère Julienne</i></b> <b>«Zürich Geschnetzeltes» with spaetzle and green beans</b>	<b>Dienstag (10.08.21)</b> Hot-Dog with coleslaw Fruit salad with fresh peppermint	<b>Dienstag (17.08.21)</b> Green bean salad Cheese tarte from the oven	<b>Dienstag (24.08.21)</b> Rocket salad soup Split peas leek croquettes	<b>Dienstag (31.08.21)</b> Green salad with eggs and herbs Swedish potatoes
<b>Mittwoch (04.08.21)</b> Carrot salad with peppermint and sesame Colourful vegetarian wok	<b>Mittwoch (11.08.21)</b> <b><i>Crispy leaf salad</i></b> <b><i>Crunchy «Rösti» with cheese</i></b>	<b>Mittwoch (18.08.21)</b> Cold cucumber soup Gratinated gnocchi with mushroom bolognese sauce	<b>Mittwoch (25.08.21)</b> Variations of melon Pizza Margherita	<b>Mittwoch (01.09.21)</b>
<b>Donnerstag (05.08.21)</b> Watermelon tomato gaspacho Black bean salad with feta cheese and oranges	<b>Donnerstag (12.08.21)</b> Green minestrone Fish croquettes with broccoli	<b>Donnerstag (19.08.21)</b> Soutafrican fish soup Chakkalaka	<b>Donnerstag (26.08.21)</b> Summer soup Fennel ragout with potatoe gratin	<b>Donnerstag (02.09.21)</b>
<b>Freitag (06.08.21)</b> Potatoe beetroot salad Baked fish filet with olive crust and ratatouille	<b>Freitag (13.08.21)</b> Eggplant soup Colourful bulgur salad	<b>Freitag (20.08.21)</b> Tomatoe mozzarella salad Vegetarian tacos	<b>Freitag (27.08.21)</b> <b><i>Green salad with carrot slices and mint</i></b> <b><i>Bobotiec</i></b>	<b>Freitag (03.09.21)</b>

**Specialties according to the pedagogical theme of the month Switzerland**

