

Menu Plan Bruderholz – September 2021

| Week 35 | Week 36 | Week 37 | Week 38 | Week 39 |
|---|---|--|---|--|
| | | | | |
| Monday (30.08.21) | Monday (06.09.21) | Monday (13.09.21) | Monday (20.09.21) | Monday (27.09.21) |
| | Lettuce salad with hard | Creamy celery soup. | Salad Hawaiian style. | Lemongrass soup. |
| | boiled eggs and gruyere cheese. | Soya mince and vegetables stir fry with | Honey glazed salmon with brown rice and | Vial meatballs with potato puree and green |
| | Vegetarian bratwurst with mashed potatoes and brussels sprouts. | bulgur. | steamed vegetables. | vegetables. |
| | | | | |
| Tuesday (31.08.21) | Tuesday (07.09.21) | Tuesday (14.09.21) | Tuesday (21.09.21) | Tuesday (28.09.21) |
| | Green salad with marinated mushrooms | Tomato, cucumber and chili sambal. | Minestrone soup. Savory mushroom stew | Indian spinach salad. Goan fish curry with |
| | and cranberries. Cheesy whole wheat broccoli pasta. | Tandoori chicken with turmeric rice and roasted cauliflower. | with mashed potatoes. | jasmine rice. |
| | | | | |
| Wednesday (01.09.21) | Wednesday (08.09.21) | Wednesday (15.09.21) | Wednesday (22.09.21) | Wednesday (29.09.21) |
| Vegetable sticks with soft | Indian carrot soup. | Fennel and avocado | Wild mushroom soup. | Vegetarian Caesars |
| cheese dip. | Vegetable Biryani with baked tofu and basmati | salad. | Chicken Cordon Bleu | salad. |
| Garlicky lemon tilapia fish with herbed rice. | rice. | Whole wheat pasta carbonara. | with French fries and broccoli. | Spaetzle with Gruyere cheese and caramelized onions. |
| | | | | |
| Thursday (02.09.21) | Thursday (09.0921) | Thursday (16.09.21) | Thursday (23.09.21) | Thursday (30.09.21) |
| Russian potato salad. | Salad with iceberg, | Harvest quinoa salad. | Palak soup from India. | Creamy kohlrabi soup. |
| Tagliatelle with burrata | glazed carrots and apples. | Grilled sea bass with | Chana Masala. | Pasta Mafiozo. |
| cheese, cherry tomatoes and pine nuts. | Chicken piccata with couscous and steamed peas. | boiled potatoes and peperonata. | | |
| | | | | |
| Friday (03.09.21) | Friday (10.09.21) | Friday (17.09.21) | Friday (24.09.21) | Friday (01.10.21) |
| Salad with beluga lentils, | Creamy tomato soup. | Niçoise salad. | Eggplant and cheese dip | |
| grapes and croutons. Pizza Madness. | British fish and chips. | Falafel with couscous and seasonal vegetables. | with pita bread. Risotto all Milanese. | |
| | | | | |
| pecialties according to the | pedagogical theme of the m | onth: India | | |
| , 2 | | | | HE |
| | | | Four | chect |
| | | | FOOT | erce Ama |
| | | | | tenu |

Origin of the meat: Chicken, Lamb and Pork: CH; Beef and Veal: CH, Region