



Menu Plan Densa Park – September 2021

Week 35	Week 36	Week 37	Week 38	Week 39
Monday (30.08.21)	Monday (06.09.21) <i>Cucumber lassi</i> <i>Lentils Dal</i>	Monday (13.09.21) Cucumber salad Alsace Tarte Flambée	Monday (20.09.21) Carrott salad Lamb olive ragout with couscous	Monday (27.09.21) Alphabet soup Fish rolls with vegetable form the market
Tuesday (31.08.21)	Tuesday (07.09.21) Tomatosoup Vegetarian lasagna	Tuesday (14.09.21) <i>Indian red cabbage salad</i> <i>Tandoori chicken with basmati rice</i>	Tuesday (21.09.21) Cellery creamsoup Potatoes „Paillasson“ with salad	Tuesday (28.09.21) Kohlrabi salad Pancakes made from broccoli and oats with curd sauce
Wednesday (01.09.21) Cauliflower soup Penne a la Napoli	Wednesday (08.09.21) Iceberg salad with cherry tomatoes Hamburger with country potatoes	Wednesday (15.09.21) Leaf lettuce Tarte with tuna and tomatoes	Wednesday (22.09.21) <i>Naan bread with cottage cheese</i> <i>Eggplant curry</i>	Wednesday (29.09.21) Vegetable soup Tourtière with mushrooms
Thursday (02.09.21) Kupus salad Cevapcici with freshly baked bread and Ajvar	Thursday (09.09.21) Potatosalad Quinoa with stir-fired vegetables	Thursday (16.09.21) Chickpea salad Vegetables with dip	Thursday (23.09.21) Green cocobean and pea salad Fish croquettes with mashed carrots	Thursday (30.09.21) <i>Samosa</i> <i>Pork ragout Madras Style with vegetable rice</i>
Friday (03.09.21) Broccoli salad with almonds Tofu-Picata with courgettes and fried potatoes	Friday (10.09.21) Chorba soup Fish Tajine with vegetables	Friday (17.09.21) Fennel soup Chakchouca with Lentil and Tomatoes	Friday (24.09.21) Mixed leaf salad Black lentil stew	Friday (01.10.21)

Specialties according to the pedagogical theme of the month: India

