



Menu Plan Densa Park – January 2022

Week 01	Week 02	Week 03	Week 04	Week 05
<p>Monday (03.01.22)</p> <p>Carrott salad</p> <p>Fishsticks with peas and carrots</p>	<p>Monday (10.01.22)</p> <p>Tomato cream soup</p> <p>Winter vegetable gratin</p>	<p>Monday (17.01.22)</p> <p>Broccoli soup with oat milk</p> <p>Bulgur with vegetable from the market</p>	<p>Monday (24.01.22)</p> <p>Vegetable soup</p> <p>Omelette with cheese</p>	<p>Monday (31.01.22)</p> <p>Hot cheese pockets with salad</p> <p>Vegetable Tian</p>
<p>Tuesday (04.01.22)</p> <p><i>Winter salad</i></p> <p><i>Saint Jean Lake Tourtière</i></p>	<p>Tuesday (11.01.22)</p> <p>Cucumber rolls with Cream cheese</p> <p>«Osso Buco» with tagliatelle</p>	<p>Tuesday (18.01.22)</p> <p>Leaf lettuce with apples</p> <p>Tomato leek pie</p>	<p>Tuesday (25.01.22)</p> <p>Carrot orange soup</p> <p>Creamy vegetable risotto</p>	<p>Tuesday (01.02.22)</p>
<p>Wednesday (05.01.22)</p> <p>Dubarry soup</p> <p>Croque-Ylaa with salad</p>	<p>Wednesday (12.01.22)</p> <p><i>Iceberg salad</i></p> <p><i>Canadian Poutine</i></p>	<p>Wednesday (19.01.22)</p> <p>Mixed salad</p> <p>Fish lasagna</p>	<p>Wednesday (26.01.22)</p> <p>Coleslaw salad</p> <p>Burger with country potatoes</p>	<p>Wednesday (02.02.22)</p>
<p>Thursday (06.01.22)</p> <p>Chicken broth with chives and «Flädli»</p> <p>Celery piccata with tomato sauce and vegetable from the market</p>	<p>Thursday (13.01.22)</p> <p>Coral lentil soup</p> <p>Curry rice with calamari and shrimps</p>	<p>Thursday (20.01.22)</p> <p><i>Canadian Cobb salad</i></p> <p><i>Sagamité Huronne soup</i></p>	<p>Thursday (27.01.22)</p> <p>Quinoa salad</p> <p>Vegetable wok with tofu</p>	<p>Thursday (03.02.22)</p>
<p>Friday (07.01.22)</p> <p>Rocket salad with bellpeppers and kernels</p> <p>Pumpkin gnocchi with cream sauce</p>	<p>Friday (14.01.22)</p> <p>Chiccoré salad</p> <p>Tomato waffles with oliv tapenade and tzatziki</p>	<p>Friday (21.01.22)</p> <p>Chickpea soup</p> <p>Vegetarian börek</p>	<p>Friday (28.01.22)</p> <p><i>Pumpkin soup</i></p> <p><i>Codfish Galette</i></p>	<p>Friday (04.02.22)</p>

Specialties according to the pedagogical theme of the month: Canada

