



Menu Plan Bruderholz – April 2022

Week 13	Week 14	Week 15	Week 16	Week 17
<p>Monday (28.03.22)</p>	<p>Monday (04.04.22)</p> <p>Vegetable sticks with tzatziki dip.</p> <p>Falafel with couscous and tomato sauce.</p>	<p>Monday (11.04.22)</p> <p>Gomae, Japanese spinach salad.</p> <p>Miso glazed salmon with basmati rice.</p>	<p>Monday (18.04.22)</p> <p>Easter Monday</p>	<p>Monday (25.04.22)</p> <p>Ensalada Mixta. Spanish mixed green salad.</p> <p>Chicken and chorizo paella.</p>
<p>Tuesday (29.03.22)</p>	<p>Tuesday (05.04.22)</p> <p>Mexican bean salad with cilantro lime dressing.</p> <p>Spring pasta with morel, asparagus and peas.</p>	<p>Tuesday (12.04.22)</p> <p>Cherry tomato and cucumber salad.</p> <p>Beef ragout with mashed potatoes and seasonal vegetables.</p>	<p>Tuesday (19.04.22)</p> <p>Beet, orange and walnut salad.</p> <p>Fish a la bordelaise with rice and vegetables.</p>	<p>Tuesday (26.04.22)</p> <p>Soba noodle salad.</p> <p>Vegetarian Japanese Katsu curry with Quorn and vegetables.</p>
<p>Wednesday (30.03.22)</p>	<p>Wednesday (06.04.22)</p> <p>Kani, Japanese salad.</p> <p>Chicken Teriyaki with basmati rice and broccoli.</p>	<p>Wednesday (13.04.22)</p> <p>Niçoise salad.</p> <p>Whole wheat pasta Napolitana.</p>	<p>Wednesday (20.04.22)</p> <p>Spring green salad with lentils and goat cheese.</p> <p>Whole wheat pasta Mafiozo.</p>	<p>Wednesday (27.04.22)</p> <p>Hummus dip and vegetables sticks.</p> <p>Whole wheat penne with creamy broccoli sauce.</p>
<p>Thursday (31.03.22)</p>	<p>Thursday (07.04.22)</p> <p>Creamy celery soup.</p> <p>Stuffed bell peppers with soya mince and bulgur.</p>	<p>Thursday (14.04.22)</p> <p>Chickpeas and avocado salad.</p> <p>Swiss Alpine macaroni and cheese.</p>	<p>Thursday (21.04.22)</p> <p>Alphabet soup.</p> <p>Veal doner kebab with yogurt sauce, tortillas and cucumber.</p>	<p>Thursday (28.04.22)</p> <p>Greek salad.</p> <p>Oven baked orzo with bean, spinach and tomato sauce.</p>
<p>Friday (01.04.22)</p> <p>Lentil soup with lemon and turmeric.</p> <p>Veggie Loco Moco with jasmine rice and glazed carrots.</p>	<p>Friday (08.04.22)</p> <p>Mediterranean quinoa salad.</p> <p>Parmigiana di melanzane.</p>	<p>Friday (15.04.22)</p> <p>Easter Friday</p>	<p>Friday (22.04.22)</p> <p>Sunomono, Japanese cucumber salad.</p> <p>Creamy Miso pasta with tofu and asparagus.</p>	<p>Friday (29.04.22)</p> <p>Lamps lettuce salad with croustons.</p> <p>Crunchy flammkuchen Paquettes.</p>

Specialties according to the pedagogical theme of the month: Japan

