



Menu Plan Bruderholz – August 2022

Week 31	Week 32	Week 33	Week 34	Week 35
<p>Monday (01.08.22)</p> <p>Swiss National Day</p>	<p>Monday (08.08.22)</p> <p>Vegetable sticks with avocado dip.</p> <p>Veggie Shepards pie.</p>	<p>Monday (15.08.22)</p> <p>Bread sticks with hummus.</p> <p>Tagliatelle with burrata cheese, cherry tomatoes and pine nuts.</p>	<p>Monday (22.08.22)</p> <p>Jamaican salad.</p> <p>Bitterballen with french fries and vegetables.</p>	<p>Monday (29.08.22)</p> <p>Eggplant and cheese dip with pita bread.</p> <p>Risotto with lentils and vegetables.</p>
<p>Tuesday (02.08.22)</p> <p>Cucumber salad.</p> <p>Waldfest. Traditional Swiss sausages served with bread and mustard.</p>	<p>Tuesday (09.08.22)</p> <p>Caribbean salad with mango.</p> <p>Keshi Yena. Traditional recipe from Aruba.</p>	<p>Tuesday (16.08.22)</p> <p>Chilled avocado soup.</p> <p>Vegetarian sausage with mashed potatoes and glazed carrots.</p>	<p>Tuesday (23.08.22)</p> <p>Greek chickpea salad.</p> <p>Grilled halloumi cheese with kritharaki pasta and lemon sauce.</p>	<p>Tuesday (30.08.22)</p> <p>Chilled carrot and turmeric soup.</p> <p>Coconut curry tofu with jasmine rice and Asian vegetables.</p>
<p>Wednesday (03.08.22)</p> <p>Swiss mixed salad.</p> <p>Veggie puff pastry "Pastetli" with rice and vegetables.</p>	<p>Wednesday (10.08.22)</p> <p>Gypsies' salad.</p> <p>Spaghetti Bolognese.</p>	<p>Wednesday (17.08.22)</p> <p>Lettuce salad with hard boiled eggs and cottage cheese.</p> <p>Spaetzle with garlic buttered mushrooms.</p>	<p>Wednesday (24.08.22)</p> <p>Quinoa, avocado and tomato salad.</p> <p>Vegetarian gnocchi with quorn chunks.</p>	<p>Wednesday (31.08.22)</p> <p>Nicoise salad.</p> <p>Cheese crescent ring, stuffed pie with cheese and vegetables.</p>
<p>Thursday (04.08.22)</p> <p>Carrot, corn and lentil salad.</p> <p>Alpine Macaroni served with applesauce.</p>	<p>Thursday (11.08.22)</p> <p>Watermelon and feta cheese salad.</p> <p>Dinky winky ragu with couscous and corn.</p>	<p>Thursday (18.08.22)</p> <p>Hawaiian salad.</p> <p>Rahmschnitzel with ramen noodles and vegetables.</p>	<p>Thursday (25.08.22)</p> <p>Vegetable sticks with soft cheese dip.</p> <p>Garlicky lemon tilapia fish with herbed rice.</p>	<p>Thursday (01.09.22)</p>
<p>Friday (05.08.22)</p> <p>Fresh green salad with roasted vegetables.</p> <p>Rosti with sunny up eggs.</p>	<p>Friday (12.08.22)</p> <p>Fresh green salad with berries.</p> <p>Veggie cheeseburger with twisted fries and vegetables.</p>	<p>Friday (19.08.22)</p> <p>Three bean salad.</p> <p>Frekedel fish cakes with rice and peas.</p>	<p>Friday (26.08.22)</p> <p>Soft cheese and tomato bruschetta.</p> <p>Dutch pancakes with bacon and cheese.</p>	<p>Friday (02.09.22)</p>

Specialties according to the pedagogical theme of the month: ABC Islands.

