



Menu Plan Densa Park – September 2022

Week 35	Week 36	Week 37	Week 38	Week 39
Monday (29.08.22) 	Monday (05.09.22) Carrot salad Gresoto with grated cheese (risotto made from rolled barley)	Monday (12.09.22) Rice salad with tuna Pizza de la Casa	Monday (19.09.22) Coleslaw Liguini with zucchini pesto	Monday (26.09.22) Celery salad Ivoltini ala siciliana with whole grain rice (rolled veal)
Tuesday (30.08.22) 	Tuesday (06.09.22) Italian corn salad Sfincione with vegetables and cheese	Tuesday (13.09.22) Greek salad with feta and bread Fruit skewers	Tuesday (20.09.22) Tomato cream soup Potato and vegetable casserole	Tuesday (27.09.22) Cucumber soup Ebly with oven vegetables and dip
Wednesday (31.08.22) 	Wednesday (07.09.22) Lettuce Colorful vegetable gratin	Wednesday (14.09.22) Cabbage salad Caponata with pine nuts and bulgur	Wednesday (21.09.22) Fennel salad Beef knuckle «Cremoulata» with homemade spaetzle	Wednesday (28.09.22) Mixed salad Tortellini pomodoro
Thursday (01.09.22) Celery salad Sagamite (specialty from North America)	Thursday (08.09.22) Sandwiches with hummus Creamy polenta	Thursday (15.09.22) Avocado salad Eggs Florentina with spinach and potatoes	Thursday (22.09.22) Cooked carrot salad Melanzana con yogurt (ital. Eggplant dish)	Thursday (29.09.22) Vegetable soup Risotto with spinach
Friday (02.09.22) Tomato and mozzarella platter Arancini (stuffed Italian rice balls)	Friday (09.09.22) Cold melon soup Croque Monsiuer	Friday (16.09.22) Bean salad Hörnli pasta with seafood	Friday (23.09.22) Lettuce Corn pancakes with vegetables and quark dip	Friday (30.09.22) Chickpea salad Pasta made of red lentils with cheese sauce

Specialties according to the pedagogical theme of the month: Sicily

