



Menu Plan Densa Park – December 2022

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Week 49

Week 50

Week 51 Week 52

Week 48

Monday (28.11.22)

Monday (05.12.22)

Crostini with tomatoes

Barley rissoto with pak choi

Monday (12.12.22)

Vegetable soup

Hörnli with minced meat and applesauce

Monday (19.12.22)

Broccoli cream soup with Croutons

Poultry sausages with warm potato salad

Monday (26.12.22)

Holidays

Tuesday (29.11.22)



Tuesday (06.12.22)

Chicorre salad

Soupnfleisch a la Provençal with fried potatoes

Tuesday (13.12.22)

Celery Salad

Quinoa with carrot tartletts

Tuesday (20.12.22)

Cooked vegetable salad

Stuffed potato halves with vegetables Brunoise Tuesday (27.12.22)

Holidays

Wednesday (30.11.22)



Wednesday (07.12.22)

Chinese cabbage salad

Lappish dough flatbreads a la Anu Wednesday (14.12.22)

Wraps with cucumber and cream cheese

Puff pastry cushion with vegetable ragout

Wednesday (21.12.22)

Cabbage salad with nuts

Risotto with pumpkin

Wednesday (28.12.22)

Holidays

Thursday (01.12.22)

Bean salad

Fine vegetable tart with carrots and leek

Thursday (08.12.22)

Cucumber and tomato salad

Chicorre gratin with potatoes and turnips Thursday (15.12.22)

Sweetcorn salad with Tomatoes

Baked cauliflower on pasta bed with tomato cream sauce

Thursday (22.12.22)

Carrot salad

Reindeer ragout from Lapland with red cabbage, mashed potatoes and sauce

Thursday (29.12.22)

Holidays

Friday (02.12.22)

Lettuce

Whole grain pasta with sauce Bolognese

Friday (09.12.22)

Pumpkin soup

Chickpea casserole with vegetables

Friday (16.12.22)

Beetroot salad

Salmon soup a la lappland

Friday (23.12.22)

Cauliflower broccoli salad

Spaghetti with pesto

Friday (30.12.22)

Holidays

Specialties according to the pedagogical theme of the month: Lapland