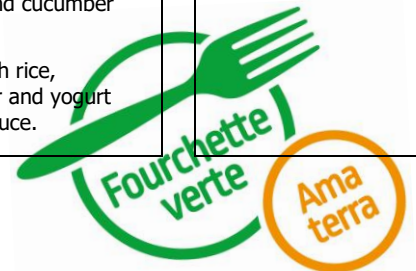




## Menu Plan Bruderholz – May 2023

Week 18	Week 19	Week 20	Week 21	Week 22
<b>Monday (01.05.23)</b> <b>Labour day</b> <b>closed</b>	<b>Monday (08.05.23)</b> Couscous and lentil salad. One pan wild garlic ravioli with brown butter.	<b>Monday (15.05.23)</b> Arugula and parmesan salad. Fish Bordelaise with lemon garlic potatoes and seasonal vegetables.	<b>Monday (22.05.23)</b> <b>Rainbow Thai mango salad.</b> <b>Thai chicken skewers with baked sweet potatoes.</b>	<b>Monday (29.05.23)</b> <b>Whit Monday</b> <b>closed</b>
<b>Tuesday (02.05.23)</b> <b>Green salad with mango and ananas.</b> <b>Thai chicken curry with glass noodles and vegetables.</b>	<b>Tuesday (09.05.23)</b> Fresh green leaves and berries salad. Sweet and sour tofu with basmati rice and vegetables.	<b>Tuesday (16.05.23)</b> Broccoli salad. Whole wheat pasta Bolognese.	<b>Tuesday (23.05.23)</b> Mimoza salad. Whole wheat penne with lentil and soja tomato sauce.	<b>Tuesday (30.05.23)</b> Caesars salad. Oven baked salmon tray with quinoa bulgur and vegetables.
<b>Wednesday (03.05.23)</b> Spring Cobb salad. Spaghetti mafioso.	<b>Wednesday (10.05.23)</b> Baby greens and cherry tomato salad. Whole wheat penne con pollo.	<b>Wednesday (17.05.23)</b> Pita bread and cream cheese. Sweet potato curry with jasmine rice and asian vegetables.	<b>Wednesday (24.05.23)</b> Mixed green salad. Beef ragout with herbed rice and seasonal vegetables.	<b>Wednesday (31.05.23)</b> Green salad with eggs and croutons. Vegetarian chili con carne with rice.
<b>Thursday (04.05.23)</b> Greek salad. Dinky winky ragout with quinoa bulgur and seasonal vegetables.	<b>Thursday (11.05.23)</b> Spring vegetable soup. Fish and chips with peas and tartar sauce.	<b>Thursday (18.05.23)</b> <b>Ascension Day</b> <b>closed</b>	<b>Thursday (25.05.23)</b> Chickpeas and avocado salad. Whole wheat pasta Napoletana.	<b>Thursday (01.06.23)</b>
<b>Friday (05.05.23)</b> Mixed salad. Traditional Swiss cheese and onion pie.	<b>Friday (12.05.23)</b> Beetroot and carrot salad. Meatballs with herbed rice and creamy demi-glace sauce.	<b>Friday (19.05.23)</b> Quinoa and egg salad. Vegetarian cannelloni.	<b>Friday (26.05.23)</b> Tomato and cucumber salad. Falafel with rice, cauliflower and yogurt dipping sauce.	<b>Friday (02.06.23)</b>



**Specialties according to the pedagogical theme of the month: Thailand.**

Deviations are declared in the daily menu Seasonal fruit and vegetables: Gebrüder Marksteiner / Bruderholz: Birmatterhof  
Meat origin: Chicken, lamb and pork: CH; Beef and veal: CH, regional