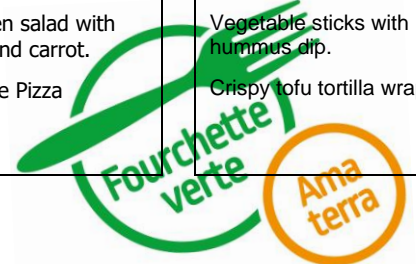




## Menu Plan Bruderholz – June 2023

Week 22	Week 23	Week 24	Week 25	Week 26
<b>Monday (29.05.23)</b>	<b>Monday (05.06.23)</b> Panzanella salad.  Tomato and beans whole wheat pasta.	<b>Monday (12.06.23)</b> Vegetable sticks with creamy cheese dip.  Tomato ebblysoto with chickpeas.	<b>Monday (19.06.23)</b> <b>Broccoli salad.</b> <b>Roast lamb with pomegranate glaze and thyme potatoes.</b>	<b>Monday (26.05.23)</b> <b>Bulgur salad with chestnuts and pineapple.</b>  <b>Barramundi with lime avocado sauce, quinoa and vegetables.</b>
<b>Tuesday (30.05.23)</b>	<b>Tuesday (06.06.23)</b> Watermelon and feta cheese salad.  Dinky winky ragu with rice and summer veggies.	<b>Tuesday (13.06.23)</b> Spinach and egg salad.  Caramelized zucchini whole wheat pasta.	<b>Tuesday (20.06.23)</b> Halloumi Caesar salad.  Whole wheat pasta primavera.	<b>Tuesday (27.05.23)</b> Corn and cucumber salad.  Gyros with pita bread, sweet potato fries and tzatziki.
<b>Wednesday (31.05.23)</b>	<b>Wednesday (07.06.23)</b> Lentil salad with tahini dressing.  Sicilian pasta alla norma.	<b>Wednesday (14.06.23)</b> <b>Australian layered salad.</b> <b>Aussie chicken with rice and asparagus.</b>	<b>Wednesday (21.06.23)</b> Mixed vegetable sticks with avocado dip.  Stuffed bell peppers with soya mince and bulgur.	<b>Wednesday (28.05.23)</b> Hawaiian salad.  Veggie Loco moco with rice and summer veggies.
<b>Thursday (01.06.23)</b> Fennel and tomato salad.  Pork piccata with orzo and seasonal vegetables.	<b>Thursday (08.06.23)</b> Chilled cucumber soup. Vegetarian sausage with mashed potatoes and glazed carrots.	<b>Thursday (15.06.23)</b> Arugula, tomato, and mozzarella salad. Veggie Stroganoff with oven baked potatoes.	<b>Thursday (22.06.23)</b> Veggie chicken salad with yogurt dressing.  Summer whole wheat pasta with pesto and salsa.	<b>Thursday (29.05.23)</b> Summer fruits and Swiss cheese salad.  American mac n cheese pasta.
<b>Friday (02.06.23)</b> Quinoa and goat cheese salad.  Vegetarian lasagna.	<b>Friday (09.06.23)</b> <b>Lettuce, avocado and mango salad.</b>  <b>Australian pulled meat burgers with french fries.</b>	<b>Friday (16.06.23)</b> Summer cucumber and radish salad.  Denver omelet with spaetzle and broccoli.	<b>Friday (23.06.23)</b> Fresh green salad with beetroot and carrot.  Homemade Pizza variation.	<b>Friday (30.03.23)</b> Vegetable sticks with hummus dip. Crispy tofu tortilla wraps.



**Specialties according to the pedagogical theme of the month: Australia**

*Deviations are declared in the daily menu Seasonal fruit and vegetables: Gebrüder Marksteiner / Bruderholz: Birsmatterhof  
Meat origin: Chicken, lamb and pork: CH; Beef and veal: CH, regional*