



Menu Plan Densa Park – June 2023

Week 22	Week 23	Week 24	Week 25	Week 26
Monday (29.05.23) *	Monday (05.06.23) Radish salad Maccaroni with tomato sauce	Monday (12.06.23) Green salad with apples Polenta with peperonata	Monday (19.06.23) Quionasalat Potato gallette with vegetables	Monday (26.06.23) Carrot salad Spaghetti Pesto
Tuesday (30.05.23) *	Tuesday (06.06.23) Risoni salad Chicken wings with fried potatoes	Tuesday (13.06.23) Cold dish soup Spaghetti with white and green asparagus and cherry tomatoes	Tuesday (20.06.23) <i>Cheese salad</i> <i>Australian Meat Pie</i>	Tuesday (27.06.23) Green lettuce Fiorelli in wild garlic cream sauce
Wednesday (31.05.23) *	Wednesday (07.06.23) Bell pepper salad Falafel with couscous and vegetables	Wednesday (14.06.23) Asparagus salad Veal ragout with herb spaetle	Wednesday (21.06.23) Celery with pineapple Farfalle al a Boscaiola	Wednesday (28.06.23) <i>Artichoke salad with cherry tomatoes</i> <i>Minced steak with homemade oven fries</i>
Thursday (01.06.23) Melon salad Puff pastry with fried meatballs and vegetables	Thursday (08.06.23) <i>Tuna salad</i> <i>Ostrich fillet with mushroom cream sauce</i>	Tuesday (15.06.23) Hummus Toast Crêpes stuffed with vegetables on salad	Thursday (22.06.23) Tomato soup Sweet and sour chicken with rice	Thursday (29.06.23) Rice salad Vegetable pie with baked sweet potatoes
Friday (02.06.23) Cucumber salad Asparagus casserole	Friday (09.06.23) Chickpea salad Salmon with spinach and potatoes	Friday (16.06.23) <i>Tofu salad with vegetables</i> <i>Baked barramundi fillets</i>	Friday (23.06.23) Cucumber salad Tart with spinach and green asparagus	Friday (30.06.23) Boullion with egg Vegi Nuggets with Bulgur

Specialties according to the pedagogical theme of the month: Australia

