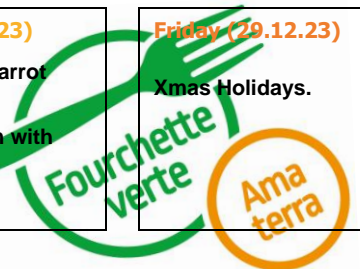




Menu Plan Bruderholz – December 2023

| Week 48 | Week 49 | Week 50 | Week 51 | Week 52 |
|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|
| Monday (27.11.23) | Monday (04.12.23) Thai carrot lentil soup. Whole wheat pasta carbonara. | Monday (11.12.23) Winter rainbow panzanella salad. Turkey filet with garlicky potatoes, vegetables and gravy sauce. | Monday (18.12.23) Fresh green salad with raisins and orange. Nasi Goreng, Indonesian fried rice. | Monday (25.12.23) Xmas Holidays. |
| Tuesday (28.11.23) | Tuesday (05.12.23) Cauliflower, red pepper, sunflower seed and bean salad. Veggie schnitzel with spaetzle and sunny up eggs. | Tuesday (12.12.23) Winter vegetable soup. Vegetarian Stroganoff with gnocchi and vegetables. | Tuesday (19.12.23) Chickpeas soup. Oven baked whole wheat pasta primavera. | Tuesday (26.12.23) Xmas Holidays. |
| Wednesday (29.11.23) | Wednesday (06.12.23) Pumpkin soup. General's Cho tofu with rice noodles and Asian vegetables. | Wednesday (13.12.23) Egg and cheese salad. Whole wheat pasta Napoletana with cottage cheese. | Wednesday (20.12.23) Crunch salad. Beef steaks with mashed potato and grilled vegetables. | Wednesday (27.12.23) Xmas Holidays. |
| Thursday (30.11.23) | Thursday (07.12.23) Lettuce salad with apples and garlic croutons. Beef ragout with dried apricot and plum, rice and seasonal vegetables. | Thursday (14.12.23) Vegetable sticks with hummus dip. Sweet and sour tofu with basmati rice and broccoli. | Thursday (21.12.23) Egg drop soup. Tortellini Alfredo filled with spinach and cheese. | Thursday (28.12.23) Xmas Holidays. |
| Friday (01.12.23) Vegetable sticks with creamy cheese dip. Californian omelets with thyme potatoes. | Friday (08.12.23) Aurora soup. Crispy salmon fish with rosti, vegetables and tartar sauce. | Friday (15.12.23) Greek chicken soup. Santa's Pizza variation. | Friday (22.12.23) Pumpkin and carrot soup. Stuffed chicken with rice, figs and cranberries. | Friday (29.12.23) Xmas Holidays. |



Specialties according to the pedagogical theme of the month: Xmas Holiday recipes.

Deviations are declared in the daily menu Seasonal fruit and vegetables: Gebrüder Marksteiner / Bruderholz: Birmatterhof
 Meat origin: Chicken, lamb and pork: CH; Beef and veal: CH, regional