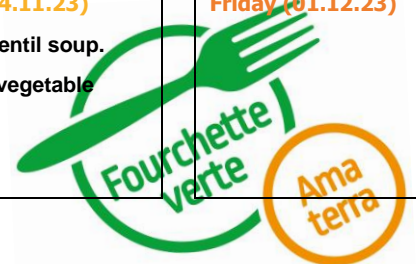




Menu Plan Bruderholz – November 2023

Week 44	Week 45	Week 46	Week 47	Week 48
Monday (30.10.23) 	Monday (06.11.23) Thai vegetable soup. Tofu curry with jasmine rice.	Monday (13.11.23) Sopa de fideo. Mexican soup. Chicken Enchiladas.	Monday (20.11.23) Mixed green salad. Working man cordon bleu with rosti and vegetables.	Monday (27.11.23) Tortilla soup. Veggie chili con carne with rice.
Tuesday (31.10.23) 	Tuesday (07.11.23) Mexican vegetable soup. Chicken fajitas with peppers, onions, guacamole, and salsa.	Tuesday (14.11.23) Leek soup. Seitan Lo Mein with ramen noodles.	Tuesday (21.11.23) Avocado and tomato salad. Tofu stir fry rice with vegetables.	Tuesday (28.11.23) Bouillon and vegetable soup. Greek cabbage and soya chunks casserole.
Wednesday (01.11.23) Broccoli soup. Sticky honey chicken drumsticks with oregano potatoes and vegetables.	Wednesday (08.11.23) Lentil and quinoa salad. Pasta pesto and grilled vegetables.	Wednesday (15.11.23) Farmers salad. Quorn ragout with mashed potatoes and corn.	Wednesday (22.11.23) Curried pumpkin and chickpeas soup. Veggie Loco Moco with couscous and vegetables.	Wednesday (29.11.23) Broccoli salad. Tomato, tofu, and vegetables ebblysoto.
Thursday (02.11.23) Chickpeas salad with goat cheese. Spaetzle with seitan and vegetables.	Thursday (09.11.23) Rucola, tomato and mozzarella salad. Falafel with yogurt sauce, bulgur, and vegetables.	Thursday (16.11.23) Egg drop and vegetable soup. Pasta mista.	Thursday (23.11.23) Kohlrabi and corn salad. Spinach, ricotta and deli quorn lasagna.	Thursday (30.11.23) Creamy celery soup. Whole wheat pasta Bolognese.
Friday (03.11.23) Egg and ham salad. Pizza variations.	Friday (10.11.23) Carrot and parsnip soup. Fish n chips with peas.	Friday (17.11.23) Cobbs's salad. American Hot dogs.	Friday (24.11.23) Mexican lentil soup. Veal and vegetable burritos.	Friday (01.12.23)



Specialties according to the pedagogical theme of the month: Mexico.

Deviations are declared in the daily menu Seasonal fruit and vegetables: Gebrüder Marksteiner / Bruderholz: Birmatterhof
 Meat origin: Chicken, lamb and pork: CH; Beef and veal: CH, regional