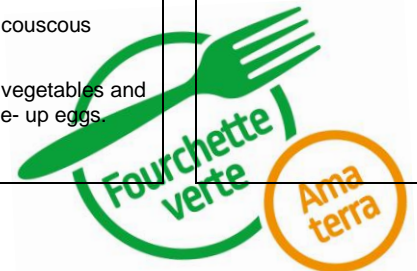




Menu Plan Bruderholz – January 2024

Week 01	Week 02	Week 03	Week 04	Week 05
<p>Monday (01.01.24) New Year</p>	<p>Monday (08.01.24) Fresh radish salad. Dal Bhat, Nepali rice with lentils, curry, and vegetables.</p>	<p>Monday (15.01.24) Bouillon soup with veggie chicken. Whole wheat penne with Broccoli sauce.</p>	<p>Monday (22.01.24) Spinach, lettuce, and sun-dried tomato salad. Bordelaise fish with boiled potatoes and steamed vegetables.</p>	<p>Monday (29.01.24) Tomato bruschetta. Kohlrabi piccata ramen noodles, seasonal vegetables, and béarnaise sauce.</p>
<p>Tuesday (02.01.24) Avocado, tomato, and eggs salad. Penne Napoletana.</p>	<p>Tuesday (09.01.24) Creamy vegetable soup. Garlic herb butter roasted chicken with rosemary potato and glazed carrot.</p>	<p>Tuesday (16.01.24) Alphabet soup. Falafel with garlicky potato, seasonal vegetables, and yogurt sauce.</p>	<p>Tuesday (23.01.24) Curry coconut soup. Chicken Sekuwa, Nepalese skewers with jasmine rice and vegetables.</p>	<p>Tuesday (30.01.24) Caesars salad. Sweet potato curry with chickpeas and Asian vegetables.</p>
<p>Wednesday (03.01.24) Greek salad. Vegetarian shepherd's pie.</p>	<p>Wednesday (10.01.24) Italian chopped salad. Seitan and vegetables vol au vent with rice noodles.</p>	<p>Wednesday (17.01.24) Mixed salad. Cordon Bleu with rice and seasonal vegetables.</p>	<p>Wednesday (24.01.24) Tofu, avocado and cherry tomato salad. Alper macaroni with apple muss.</p>	<p>Wednesday (31.01.24) Vegetable sticks with creamy cheese dip. Whole wheat pasta Bolognese.</p>
<p>Thursday (04.01.24) Irish leek and potato soup. Eblyssotto with tofu and vegetables.</p>	<p>Thursday (11.01.24) Cauliflower and goat cheese soup. Dims legendary Mac n Cheese.</p>	<p>Thursday (18.01.24) Makai ko salad. Thukpa with tofu, Asian noodles, and vegetables.</p>	<p>Thursday (25.01.24) Chickpeas, feta cheese and cucumber salad. Grilled Halloumi cheese with spätzli, vegetables, and lemon sauce.</p>	<p>Thursday (01.02.24)</p>
<p>Friday (05.01.24) Cucumber salad. Chicken Tikka Masala with jasmine rice and broccoli.</p>	<p>Friday (12.01.24) Tuna and pesto pasta salad. Traditional Swiss cheese pies.</p>	<p>Friday (19.01.24) Tomato soup. Stuffed pepperoni with bulgur, soja and vegetables.</p>	<p>Friday (26.01.24) Lentil and couscous salad. Rosti with vegetables and sunny-side-up eggs.</p>	<p>Friday (02.02.24)</p>



Specialties according to the pedagogical theme of the month: Nepal.

Deviations are declared in the daily menu Seasonal fruit and vegetables: Coop, Prodega and veal: CH, regional

Meat origin: Chicken, lamb, and pork: CH; Beef