



## Menu Plan Bruderholz – March 2024

Week 09	Week 10	Week 11	Week 12	Week 13
Monday (26.02.24)	Monday (04.03.24) Rucola with parmesan cheese. Veggie meatballs with rosemary potatoes and vegetables.	Monday (11.03.24) Fresh green salad with cottage cheese. Vegetarian chili con carne with herb rice.	Monday (18.03.24) Greek salad. Seidan ragout with rice and seasonal vegetables.	Monday (25.03.24) Carrots and goat cheese salad. Welsh Shepard's pie.
Tuesday (27.02.24)	<b>Tuesday (05.03.24)</b> Mixed green salad.	Tuesday (12.03.24)	Tuesday (19.03.24) Baby greens and cherry	Tuesday (26.03.24) Fideli soup.
	Whole wheat pasta Cinque Pi.	Alpine Macaroni with applesauce.	tomato salad. Cawl, traditional Welsh stew.	Sweet potato, vegetables, and chickpeas curry with naan bread.
Wednesday (28.02.24)	Wednesday (06.03.24) Greek salad. Cordon bleu with Asian	Wednesday (13.03.24) Mixed green salad. Chicken drumsticks with thyme potatoes and	Wednesday (20.03.24) Mixed green salad with berries. Sweet and sour tofu with	Wednesday (27.03.24) Lentil salad with croutons and Italian dressing. Sicilian pasta alla Norma.
	vegetables and basmati rice.	vegetables.	glass noodles and vegetables.	
Thursday (29.02.24)	Thursday (07.03.24) Eggs and gruyere cheese salad. Spinach and ricotta lasagna.	Thursday (14.03.24) Niçoise salad. Whole wheat pasta Napolitana.	Thursday (21.03.24) Vegetable sticks with avocado dip. Tomato eblysotto with chickpeas and soya chunks.	Thursday (28.03.24) Hawaiian salad. Veggie Loco Moco with rice and summer veggies.
Friday (01.03.24) Fresh green salad. Fish a la bordelaise with croquettes and	Friday (08.03.24) Vegetable sticks with creamy dip. Homemade pizza variation.	Friday (15.03.24) Tomato and avocado salad. Veggie nuggets with sweet potato chips and	Friday (22.03.24) Tuna and egg salad Vegetarian cannelloni FOU	Arugula, tomato, and mozzarelia salad. Fofu Stroganoff with oven baked potatoes.

Specialties according to the pedagogical theme of the month: Wales.

Deviations are declared in the daily menuSeasonal fruit and vegetables: Coop, Prodega and veal: CH, regional Meat origin: Chicken, lamb, and pork: CH; Beef