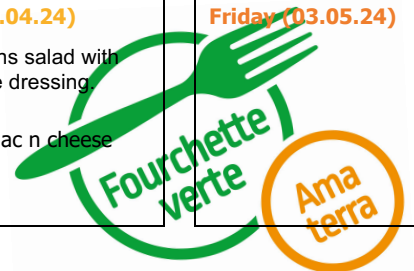




Menu Plan Bruderholz – April 2024

Week 14	Week 15	Week 16	Week 17	Week 18
<p>Monday (01.04.24) Easter Monday</p>	<p>Monday (08.04.24) Veggie Caesars salad Lemon asparagus risotto with mascarpone cheese.</p>	<p>Monday (15.04.24) Crispy tofu salad. Whole wheat pasta with creamy broccoli sauce.</p>	<p>Monday (22.04.24) Creamy celery soup. Stuffed bell peppers with soya mince and bulgur.</p>	<p>Monday (29.04.24) Broccoli salad. Whole wheat pasta Bolognese.</p>
<p>Tuesday (02.04.24) Pita bread and cream cheese. Sweet potato and chickpeas curry with jasmine rice and Asian vegetables.</p>	<p>Tuesday (09.04.24) Farmers salad. Espetada, Portuguese meat skewers with thyme potato and seasonal vegetables.</p>	<p>Tuesday (16.04.24) Egg drop soup. Curry falafel with quinoa bulgur, grilled vegetables, and tzatziki.</p>	<p>Tuesday (23.04.24) Vegetable sticks with tzatziki dip. Lo Mein Tofu with glass noodles and Asian vegetables.</p>	<p>Tuesday (30.04.24) Tomato, cucumber, and kohlrabi salad. Crispy tofu with Jasmine rice and grilled vegetables.</p>
<p>Wednesday (03.04.24) Figs and grapes salad. Veggie Stroganoff with mashed potato and vegetables.</p>	<p>Wednesday (10.04.24) Mediterranean couscous and lentils salad. Whole wheat spaghetti Primavera with cottage cheese.</p>	<p>Wednesday (17.04.24) Cobb salad. Nawabi Pulao Indian fried rice with soya chunks.</p>	<p>Wednesday (24.04.24) Beetroot, orange, and corn salad. Steak and egg with sweet potato chips and seasonal vegetables.</p>	<p>Wednesday (01.05.24) Labour day</p>
<p>Thursday (04.04.24) Tomato salad with eggs and Gruyere cheese. Oven baked orzo with bean, spinach, and tomato sauce.</p>	<p>Thursday (11.04.24) Carrot Thai soup. Pan fried sesame tofu with broccoli and jasmine rice.</p>	<p>Thursday (18.04.24) Australian layered salad. Aussie chicken with spaetzle and asparagus.</p>	<p>Thursday (25.04.24) Greek Salad. Ratatouille with seitan, oregano potato and feta cheese.</p>	<p>Thursday (02.05.24)</p>
<p>Friday (05.04.24) Kale and carrots soup. Cacoila, Burger with shredded beef and grilled veggies.</p>	<p>Friday (12.04.24) Mixed green salad. Omelet and veggies tortilla wraps.</p>	<p>Friday (19.04.24) Portuguese eggplant salad. Bacalao with garlicky hard-boiled potatoes and peas.</p>	<p>Friday (26.04.24) Kidney beans salad with cilantro lime dressing. American mac n cheese pasta.</p>	<p>Friday (03.05.24)</p>



Specialties according to the pedagogical theme of the month: Portugal.

Deviations are declared in the daily menu Seasonal fruit and vegetables: Coop, Prodega and veal: CH, regional

Meat origin: Chicken, lamb, and pork: CH; Beef