



Menu Plan Bruderholz – May 2024

Week 18	Week 19	Week 20	Week 21	Week 22
Monday (29.04.24)	Monday (06.05.24)	Monday (13.05.24)	Monday (20.05.24)	Monday (27.05.24)
	Chunky vegetables and quorn salad.	Tomato and avocado salad.		Homemade cornbread.
	Alpine macaroni with applesauce.	Carne Guisada. Beef stew from Panama with mashed potatoes and vegetables.	Whit Monday	Las Vegas omelet with vegetables, cream cheese, and country potatoes.
Tuesday (30.04.24)	Tuesday (07.05.24)	Tuesday (14.05.24)	Tuesday (21.05.24)	Tuesday (28.05.24)
	Asparagus soup.	Corn and cucumber salad.	Fattoush salad.	Vegetable sticks with soft cheese dip.
	Eblysotto with tofu, vegetables, and scrambled eggs.	Whole wheat pasta with vegetarian Bolognese sauce.	Sancocho de pollo. Chicken and vegetable soup from Panama.	Veggie puff pastry "Pastetli" with rice and vegetables.
Wednesday (01.05.24)	Wednesday (08.05.24)	Wednesday (15.05.24)	Wednesday (22.05.24)	Wednesday (29.05.24)
	Potato and beetroot salad.	Fresh green salad with feta cheese.	Veggie chicken salad with yogurt dressing.	Iceberg salad with glazed carrots and apples.
Labour day	Arroz con Pollo. One Pot Chicken with Rice from South America.	Sweet potato curry with chickpeas and Asian vegetables, served with jasmine rice.	Whole wheat pasta pesto with vegetable salsa.	Kohlrabi piccata with couscous and steamed peas.
Thursday (02.05.24)	Thursday (09.05.24)	Thursday (16.05.24)	Thursday (23.05.24)	Thursday (30.05.24)
Green mixed salad.		Fresh green salad with	Fruits and goat cheese	Green salad with
Vegetarian sausages with	Ascension Day	carrots and parsnip.	salad.	marinated tofu and
onion sauce, rosti and seasonal vegetables.		Soja chunks stroganoff with gnocchi and seasonal vegetables.	Sweet and sour tofu with vegetables and basmati rice.	cranberries. Cheesy whole wheat orecchiette broccoli pasta.
Friday (03.05.24)	Friday (10.05.24)	Friday (17.05.24)	Friday (24.05.24)	Friday (3t.05.24)
Tomato soup with homemade garlic bread.	Vegetable sticks with olive dip.	Mediterranean couscous salad.	Spring lentil salad.	Layered salad from Panama.
Cheesy stuffed eggplant and zucchini with creamy polenta.	American Hot Dogs.	Fish a la bordelaise with thyme roasted potatoes and vegetables.	Pinza Romana.	Phe pot paella with chorizo and Chicken.





Specialties according to the pedagogical theme of the month: Panama.



Meat origin: Chicken, lamb and pork: CH; Beef