



## Menu Plan Densa Park – May 2024

Week 18	Week 19	Week 20	Week 21	Week 22
<b>Monday (29.04.24)</b> *	<b>Monday (06.05.24)</b> Green Bean salad  Tortellini a la crema mit Basilikum	<b>Monday (13.05.24)</b> Bulgur salad  Spätzle with green and white asparagus	<b>Monday (20.05.24)</b> *	<b>Monday (27.05.24)</b> Egg salad  Asparagus tortillas with humus
<b>Tuesday (29.04.24)</b> *	<b>Tuesday (07.05.24)</b> Lettuce  Colorful vegetable tart	<b>Tuesday (14.05.24)</b> Vegetable sticks with quark dip  Vegetable couscous with falafel	<b>Tuesday (21.05.24)</b> Lettuce  Chicken nuggets with homemade fries	<b>Tuesday (28.05.24)</b> Zucchini and tomatoes with cottage cheese  Asian noodles with vegetables
<b>Wednesday (01.05.24)</b> *	<b>Wednesday (08.05.24)</b> <i>Asparagus salad</i>  <i>Sancocho with rice</i>	<b>Wednesday (15.05.24)</b> Bruschetta con verdura  Beef tongue with pickle sauce and mashed potatoes	<b>Wednesday (22.05.24)</b> Chickpea salad  Vegetable lasagna	<b>Wednesday (29.05.24)</b> Vegetable broth  Curry with carrots, lentils and potatoes
<b>Thursday (02.05.24)</b> Tomato Mozzarella Salad  Hungarian ragout with merguez, chicken and yellow pilaf rice	<b>Thursday (09.05.24)</b> *	<b>Thursday (16.05.24)</b> <i>Romanesco salad</i>  <i>Ropa Vieja with coconut rice</i>	<b>Thursday (23.05.24)</b> Cucumber salad  Falafel with vegetable bulgur	<b>Thursday (30.05.24)</b> Greek Salad  Crêpes with summer vegetables
<b>Friday (03.05.24)</b> Boiled carrot salad  Yellow risotto with piperade sauce	<b>Friday (10.05.24)</b> Honey melon salad  Fusilli with tomato cream sauce	<b>Friday (17.05.24)</b> Asparagus cream soup  Mixed Nice salad with tuna, potatoes and olives	<b>Friday (24.05.24)</b> Rice salad with Bündnerfleisch  Hörnli a la Bolognese	<b>Friday (31.05.24)</b> <i>Fruit salad</i>  <i>Pargo Frito with fried potatoes</i>

**Specialties according to the pedagogical theme of the month: Panama**

