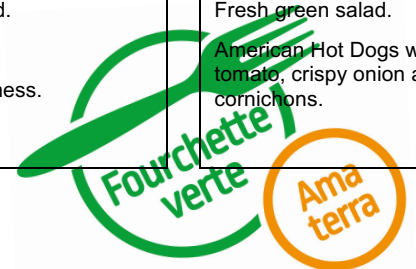




Menu Plan Bruderholz – July 2024

Week 27	Week 28	Week 29	Week 30	Week 31
Monday (01.07.24) Tomato, cucumber and pepperoni salad. Doro Wat, Ethiopian chicken stew with flatbread.	Monday (08.07.24) Watermelon and feta cheese salad. Dinky winky ragu with rice and summer vegetables.	Monday (15.07.24) Green bean salad. Baked fish with herby lemon crust, oregano potatoes and grilled pepperoni.	Monday (22.07.24) Pita bread and tzatziki. Sweet and sour tofu with basmati rice.	Monday (29.07.24) Rucola with berries and parmesan cheese. Spaghetti Primavera with veggie chicken and cheese chunks.
Tuesday (02.07.24) Vegetable sticks with cheese dip. Soya chunks Stroganoff with herbed rice.	Tuesday (09.07.24) Swiss cheese and strawberry salad. Eblysoto with veggie chicken chunks, zucchini and cherry tomatoes.	Tuesday (16.07.24) Chilled cucumber soup. Veggie Chicken Parm with noodles and tomato sauce.	Tuesday (23.07.24) Cucumber salad. Mezze penne tricolore with lentil Bolognese.	Tuesday (30.07.24) Avocado and tomato salad. Premium chicken fingers with rosemary potatoes and vegetables.
Wednesday (03.07.24) Fresh green salad. Baked salmon with garlicky potatoes, vegetables and lemon sauce.	Wednesday (10.07.24) Chilled Thai carrot soup. General Cho's tofu with glass noodles.	Wednesday (17.07.24) Vegetable sticks with sun dried tomato dip. Stuffed zucchini with soya mince and wild rice.	Wednesday (24.07.24) Corn and carrot salad. Poulet Cordon Bleu with thyme potatoes and vegetables.	Wednesday (31.07.24) Swiss mixed salad. Alpine macaroni with applesauce and roasted onions.
Thursday (04.07.24) Mediterranean lentil salad. Whole wheat pesto pasta with cherry tomatoes and fresh mozzarella.	Thursday (11.07.24) Ethiopian beetroot salad. Sega Wat beef with couscous and grilled vegetables.	Thursday (18.07.24) Egg and cheese salad. Sweet potato curry with chickpeas, tofu, vegetables and jasmine rice.	Thursday (25.07.24) Green salad with croutons. Whole wheat pasta Napoletana with cottage cheese.	Thursday (01.08.24) Swiss National Day
Friday (05.07.24) Gazpacho soup. Veggie cheeseburgers with sweet potato fries.	Friday (12.07.24) Veggie sticks with Tzatziki dip sauce. Whole wheat pasta alla Siciliana with delicorn.	Friday (19.07.24) Soft cheese and green salad. Zilzil Tibs, meat stripes with flatbread and vegetables.	Friday (26.07.24) Greek salad. Pinsa Madness.	Friday (02.08.24) Fresh green salad. American Hot Dogs with tomato, crispy onion and cornichons.



Specialties according to the pedagogical theme of the month: Ethiopia.

Deviations are declared in the daily menu Seasonal fruit and vegetables: Coop, Prodega and veal: CH, regional

Meat origin: Chicken, lamb and pork: CH; Beef