



Menu Plan Bruderholz - October 2024

Week 40

Week 41

Week 42

Week 43

Week 44

Monday (30.09.24)

Monday (07.10.24)

Green salad with garlicky croutons.

Sweet and sour tofu with basmati rice and broccoli.

Monday (14.10.24)

Caesars chicken salad.

Whole wheat pasta Mafioso.

Monday (21.10.24)

Broccoli soup.

General Cho's Tofu with vegetables and rice noodles.

Monday (28.10.24)

German coleslaw salad,

Hunter's schnitzel with boiled potatoes, vegetables and gravy.

Tuesday (01.10.24)

Bavarian chopped salad

Chicken breaded schnitzel with spaetzle.

Tuesday (08.10.24)

Beetroot salad.

Whole wheat pasta with lentil Bolognese.

Tuesday (15.10.24)

Roasted vegetable salad.

Veggie Loco Moco with Jasmine rice.

Tuesday (22.10.24)

Mediterranean chickpea and feta cheese salad.

Tortellini with pumpkin, brown butter and sage.

Tuesday (29.10.24)

Swiss mushroom soup.

Alpine Macaroni served with applesauce.

Wednesday (02.10.24)

Fresh green salad with eggs and Swiss cheese.

Whole wheat pasta Cinque Pi.

Wednesday (09.10.24)

Cucumber salad.

Chicken Cordon Bleu with mashed potatoes and vegetables.

Wednesday (16.10.24)

Vegetable sticks with tzatziki.

Garlicky lemon tilapia fish with mashed potatoes.

Wednesday (23.10.24)

Tomato soup.

Veggie Chili con Carne with herbed rice.

Wednesday (30.10.24)

Mixed salad.

Baked Rosti with vegetables, eggs and cheese.

Thursday (03.10.24)

Rucola, tomato and mozzarella insalata.

Falafel with yogurt sauce, bulgur and glazed carrots

Thursday (10.10.24)

Corn salad.

Whole wheat penne with soya chunks in tomato sauce.

Thursday (17.10.24)

Pumpkin soup.

Dinky winky stroganoff with spaetzle and vegetables.

Thursday (24.10.24)

German Farmers salad.

Veal sausages with curry sauce, mashed potatoes and vegetables.

Thursday (31.10.24)

Mediterranean white bean salad.

Leek and parmesan

Friday (04.10.24)

Thai carrot soup.

Vegetarian gnocchi with Quorn chunks.

Friday (11.10.24)

Fresh green salad.

American hot dogs.

Friday (18.10.24)

Lamb's lettuce salad.

Beef rolls with finger noodles and vegetables.

Friday (25.10.24)

Eggs and cheese salad.

Baked spaetzle with applesauce and cinnamon

Friday (01.11.24)

Creamy potato and vegetable soup.

Vegetarian pan fajitas

Specialties according to the pedagogical theme of the month: Germany.

Deviations are declared in the daily menu Seasonal fruit and vegetables: Coop, Prodega and veal: CH, regional

Meat origin: Chicken, lamb and pork: CH; Beef