



## Menu Plan Densa Park – May 2025

Week 18	Week 19	Week 20	Week 21	Week 22
<b>Monday (28.04.25)</b>  *	<b>Monday (05.05.25)</b>  Potato and vegetable casserole on a light cheese béchamel  Fruit salad with apples and berries	<b>Monday (12.05.25)</b>  Egg salad with chives  Fennel zucchini gratin with mozzarella on polenta base	<b>Monday (19.05.25)</b>  Chicory salad with apples and tuna garnish  Couscous with zucchini, carrots and chickpeas	<b>Monday (26.05.25)</b>  <i><b>Tempura vegetables with basmati rice and egg</b></i>  <i><b>Watermelon slices and cucumber sticks</b></i>
<b>Tuesday (29.04.25)</b>  *	<b>Tuesday (06.05.25)</b>  <i><b>Steamed vegetable spring salad</b></i>  <i><b>Ranene with wheat noodles, tofu and Asian vegetable mix</b></i>	<b>Tuesday (13.05.25)</b>  Raw vegetable salad  Spanish tortilla with potatoes and tomatoes on lettuce	<b>Tuesday (20.05.25)</b>  Melon salad with peppermint  Veal meatballs in brown sauce with brown rice and cauliflower	<b>Tuesday (27.05.25)</b>  Fennel salad with apple sticks  Shakshuka-Bowl with spelt bread
<b>Wednesday (30.04.25)</b>  *	<b>Wednesday (07.05.25)</b>  Lentil salad with spring onions  Vegetable puff pastry pâté with Gruyère	<b>Wednesday (14.05.25)</b>  <i><b>Cucumber salad</b></i>  <i><b>Katsudon with tofu, seasonal vegetables and fried brown rice</b></i>	<b>Wednesday (21.05.25)</b>  Artichoke salad with light yogurt dressing  Wholemeal pasta galette with raw vegetables and cottage cheese dip	<b>Wednesday (28.05.25)</b>  Chickpea salad with cucumber  Fresh egg spaetzli with asparagus and grated cheese
<b>Thursday (01.05.25)</b>  <b>Bank holiday</b>  <b>ylaa closed</b>	<b>Thursday (08.05.25)</b>  Romanesco broccoli salad  Polenta with tomato and vegetable sauce refined with quinoa	<b>Thursday (15.05.25)</b>  Green bean salad with radishes  Homemade cream cheese naan with chicken and oven vegetables	<b>Thursday (22.05.25)</b>  Beetroot salad with apple pieces  Pizza rösti with raclette cheese on a bed of spinach	<b>Thursday (29.05.25)</b>  <b>Bank holiday</b>  <b>ylaa closed</b>
<b>Friday (02.05.25)</b>  <i><b>Tomato salad with basil</b></i>  <i><b>Yakitori skewers with Asia noodles and Asian vegetable mix</b></i>	<b>Friday (09.05.25)</b>  Tomato soup with basil  Zucchini and potato cakes with herb curd cheese	<b>Friday (16.05.25)</b>  Feta salad with tomatoes and arugula  Barley risotto with fresh salmon and broccoli	<b>Friday (23.05.25)</b>  <i><b>Mung sprout salad</b></i>  <i><b>Buckwheat soba with broccoli, tofu and sesame soy sauce</b></i>	<b>Friday (30.05.25)</b>  Crostini with diced tomatoes  Pearl wheat risotto with capers, tomatoes and tuna

**Specialties according to the pedagogical theme of the month: Japan**

Deviations are declared in the daily menu

Seasonal fruit and vegetables: Gebrüder Marksteiner / Bruderholz: Birmmatherhof

Meat origin: Chicken, lamb and pork: CH; Beef and veal: CH, regional

