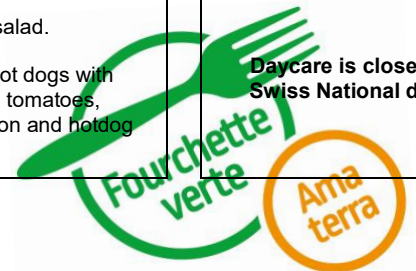




## Menu Plan Bruderholz – July 2025

Week 27	Week 28	Week 29	Week 30	Week 31
<b>Monday (30.06.25)</b>  Asian crushed salad.  Beef Pad Thai.	<b>Monday (07.07.25)</b>  Mediterranean salad.  Grilled halloumi cheese with kritharaki pasta, vegetables and lemon sauce.	<b>Monday (14.07.25)</b>  Iceberg salad with summer fruits.  Ebly risotto with crispy tofu, bell peppers and zucchinis.	<b>Monday (21.07.25)</b>  <b>Corn and croutons salad.</b>  <b>Fish sticks with rice, vegetables and tartar sauce.</b>	<b>Monday (28.07.25)</b>  Greek salad.  Whole wheat lentil Bolognese.
<b>Tuesday (01.07.25)</b>  Watermelon and feta salad.  Falafel with yogurt sauce, sweet potatoes and vegetables.	<b>Tuesday (08.07.25)</b>  Sweetcorn salad.  Chana masala with rice and vegetables.	<b>Tuesday (15.07.25)</b>  Edamame and goat cheese salad.  Whole wheat pasta Amore mio.	<b>Tuesday (22.07.25)</b>  Cucumber salad.  Sweet potato tofu curry with ebly and vegetables.	<b>Tuesday (29.07.25)</b>  Carrot salad.  Mediterranean beef ragout with rice and vegetables.
<b>Wednesday (02.07.25)</b>  Veggie salad mix.  Hornli soja minced with applesauce.	<b>Wednesday (09.07.25)</b>  Cucumber salad.  Veggie goulash with potatoes and summer vegetables.	<b>Wednesday (16.07.25)</b>  <b>East African tomato salad.</b>  <b>Chicken Matoke with rice and vegetables.</b>	<b>Wednesday (23.07.25)</b>  Fresh green salad.  Shepherd's pie.	<b>Wednesday (30.07.25)</b>  Soja beans, tomato and peas salad.  Tortellini alla panna.
<b>Thursday (03.07.25)</b>  Vegetable sticks and feta cheese dip.  Tofu and vegetables stir fry glass noodles.	<b>Thursday (10.07.25)</b>  <b>Cobb salad from Uganda.</b>  <b>Grilled chicken African style with sweet potato and vegetables.</b>	<b>Thursday (17.07.25)</b>  Salad Hawaii.  Brazilian vegetable stew with Tempe chunks and potato noodles.	<b>Thursday (24.07.25)</b>  Cottage cheese and tomato salad.  Whole wheat pasta primavera.	<b>Thursday (31.07.25)</b>  Rot beet salad.  Fish bördelese with bulgur and vegetables.
<b>Friday (04.07.25)</b>  Lentils salad.  Layered tortillas with vegetables, scrambled eggs, cheese and tomato sauce.	<b>Friday (11.07.25)</b>  Cucumber and tomato salad.  Rosti with sunny up eggs, roasted vegetables and Swiss cheese.	<b>Friday (18.07.25)</b>  Fresh green salad with beans and tomato.  Pinza Romana Margarita.	<b>Friday (25.07.25)</b>  Couscous salad.  American hot dogs with cornichons, tomatoes, roasted onion and hotdog sauce.	<b>Friday (01.08.25)</b>  Daycare is closed. <b>Swiss National day.</b>



**Specialties according to the pedagogical theme of the month: Uganda**

Deviations are declared in the daily menu Seasonal fruit and vegetables: Coop, Prodega and veal: CH, regional

Meat origin: Chicken, lamb and pork: CH; Beef