



Menu Plan Densa Park – September 2025

Week 36	Week 37	Week 38	Week 39	Week 40
Monday (01.09.25) Bulgur salad Rice pan with vegetables	Monday (08.09.25) <i>Beetroot salad</i> <i>Potato Tortillas</i>	Monday (15.09.25) Egg salad Brussels sprouts with potatoes	Monday (22.09.25) Cheese salad Risotto with pumpkin	Monday (29.09.25) <i>Portuguese soup</i> <i>Bean stew «Fabada»</i>
Tuesday (02.09.25) Cucumber salad Pasta with chard and croutons	Tuesday (09.09.25) Crostini Tomato Crozets with vegetable and tomato sauce	Tuesday (16.09.25) Green Bean Salad Butternut Lentil Gratin	Tuesday (23.09.25) <i>Mushroom salad</i> <i>Cocido Madrilenio (chickpea stew)</i>	Tuesday (30.09.25) Tomato and Mozzarella Salad Macaroni Naples
Wednesday (03.09.25) Tomato salad Potato pancakes with green salad	Wednesday (10.09.25) Fagioli salad Spätzle pan with Chinese cabbage	Wednesday (17.09.25) Green lettuce Rice with vegetables and chicken strips	Wednesday (24.07.25) Risoni salad Toast with asparagus and cheese au gratin	Wednesday (01.10.25) *
Thursday (04.09.25) Feta salad Minced meat with Hörnli-Pasta and applesauce	Thursday (11.09.25) Fennel salad Sweet mustard eggs with potatoes	Thursday (18.09.25) <i>Cabbage salad</i> <i>Octopus Spanish style with rice</i>	Thursday (25.09.25) Leek salad Zucchini galette with fried potatoes	Thursday (02.10.25) *
Friday (05.09.25) <i>Celery Salad</i> <i>Spanish paella</i>	Friday (12.09.25) Puy lentil salad Puff pastry pillow with salmon noodles	Friday (19.09.25) Cooked carrot salad Fish crisps with potatoes	Friday (26.09.25) Avocado salad Wienerle with mashed potatoes	Friday (03.10.25) *

Specialties according to the pedagogical theme of the month: Spain

