



Menu Plan Densa Park – Dezember 2025

Week 49	Week 50	Week 51	Week 52	Week 01
Monday (01.12.25) Cucumber soup Pancakes with vegetables	Monday (08.12.25) Cheese salad Spaghetti Napoli	Monday (15.12.25) Cucumber salad Spätzle with market vegetables	Monday (22.12.25) <i>Coleslaw</i> <i>Icelandic Hot Dogs</i>	Monday (29.12.25) *
Tuesday (02.12.25) Tuna salad Kale stew	Tuesday (09.12.25) <i>Pea salad</i> <i>Kjötsuppa (Icelandic lamb soup)</i>	Tuesday (16.12.25) Fetasalat Fried meatballs on white sauce with rice	Tuesday (23.12.25) Quinoa salad with vegetables Lemon pasta with leek sauce	Tuesday (30.12.25) *
Wednesday (03.12.25) Carrot salad Red cabbage with potatoes	Wednesday (10.12.25) Pumpkin cream soup Tortellini with ricotta and spinach	Wednesday (17.12.25) <i>Lettuce</i> <i>Icelandic Pönnukökur</i>	Wednesday (24.12.25) Mixed salad Breaded chicken schnitzel with oven fries	Wednesday (31.12.25) *
Thursday (04.12.25) Rice salad with eggs Polenta with tomato and pepperoni sauce	Thursday (11.12.25) Risotti salad Galette with potatoes, pumpkin and zucchini with cottage cheese dip	Thursday (18.12.25) Avocado salad Potato dumplings with brown sauce and salad	Thursday (25.12.25) *	Thursday (01.01.26) *
Friday (05.12.25) <i>Fennel salad</i> <i>Plokkfiskur (Icelandic fish stew)</i>	Friday (12.05.25) Green salad with apples Currywurst with baked potatoes	Friday (19.12.25) Wheat pearl salad Fried Asia noodles	Friday (26.12.25) *	Friday (02.01.26) *

Specialties according to the pedagogical theme of the month: Iceland

