



Menu Plan Bruderholz – February 2026

Week 06

Monday (02.02.26)

Velvety lentil and roasted sweet potato soup.
Spinach and Gruyère pasta gratin.

Tuesday (03.02.26)

Asian-Inspired Cucumber Ribbon Salad
Silken Tofu with Glass Noodles and Vegetables.

Wednesday (04.02.26)

Fresh Nopal Cactus Salad.
Chipotle-Braised Pork with Beans.

Thursday (05.02.26)

Thai Coconut Carrot Soup.
Oven-Roasted Salmon with Garlic Potatoes and Lemon Sauce.

Friday (06.02.26)

Chickpea Soup.
Grilled Halloumi with Kritharaki and vegetables.

Week 07

Monday (09.02.26)

Velvety Creamed Vegetable Soup.
Veggie Loco Moco with Herbed Bulgur and Seasonal Vegetables.

Tuesday (10.02.26)

Tomato and Avocado Garden Salad.
Slow-Simmered Chili Con Carne with Rice and Vegetables.

Wednesday (11.02.26)

Fresh Mixed Green Salad.
Classic Vegetarian Shepherd's Pie.

Thursday (12.02.26)

Veggie Caesar Salad with Parmesan and Croutons.
Pasta Mista with Chef's Selection of Sauces.

Friday (13.02.26)

Rustic Warm Bean Soup.
Traditional Flammekueche.

Week 08

Monday (16.02.26)

Caldo de Pollo Soup.
Golden Cheese Quesadillas.

Tuesday (17.02.26)

Italian Tomato Soup.
Veggie Cheeseburgers with Crispy Potato Fries and Seasonal Vegetables.

Wednesday (18.02.26)

Chunky Vegetable and Quorn Salad.
Alpine Macaroni with Applesauce.

Thursday (19.02.26)

Warm Pita Bread with Creamy Tzatziki.
Sweet and Sour Glazed Tofu with Fragrant Basmati Rice.

Friday (20.02.26)

Swiss Onion Soup
Chicken and Mushroom Fricassée with Noodles and Steamed Vegetables

Week 09

Monday (23.02.26)

Basel-Style Flour Soup.
Veal Bratwurst with Onion Gravy, Rösti, and Seasonal Vegetables.

Tuesday (24.02.26)

Mediterranean Salad.
Herb-Crusted Baked Tilapia with Lemon, Boiled Potatoes, and Vegetables.

Wednesday (25.02.26)

Fresh Green Salad with Egg and Swiss Cheese.
Whole Wheat Pasta Cinque Pi.

Thursday (26.02.26)

Chopped Mexican-Style Salad.
One-Pot Chicken with Vegetables and Rice.

Friday (27.02.26)

Tomato and Mozzarella Salad
American Turkey Club Sandwich.

Week 10

Monday (02.03.26)

Tuesday (03.03.26)

Wednesday (04.03.26)

Thursday (05.03.26)

Friday (06.03.26)

Specialties according to the pedagogical theme of the month: Mexico.

Deviations are declared in the daily menu Seasonal fruit and vegetables: Coop, Prodega and veal: CH, regional

Meat origin: Chicken, lamb and pork: CH; Beef

