



Menu Plan Densa Park – May 2026

Week 19	Week 20	Week 21	Week 22	Week 23
<p>Monday (04.05.26)</p> <p>Asparagus cream soup</p> <p>Pasta gratin</p>	<p>Monday (11.05.26)</p> <p>Green salad</p> <p>Polenta slices with tomato sauce</p>	<p>Monday (18.05.26)</p> <p>Asparagus salad</p> <p>Penne Pomodori</p>	<p>Monday (25.05.26)</p> <p>Cucumber salad</p> <p>Fruit curry with rice</p>	
<p>Tuesday (05.05.26)</p> <p><i>Carrot salad</i></p> <p><i>Chicken gyoza on a bed of vegetables</i></p>	<p>Tuesday (12.05.26)</p> <p>Celery Salad</p> <p>Tomato risotto</p>	<p>Tuesday (19.05.26)</p> <p>Coleslaw</p> <p>Fried Tofu with carrots and potatoes</p>	<p>Tuesday (26.05.26)</p> <p><i>Egg salad</i></p> <p><i>Ramen noodle soup</i></p>	
<p>Wednesday (06.05.26)</p> <p>Beetroot salad</p> <p>Asparagus with potatoes</p>	<p>Wednesday (13.05.26)</p> <p>Caprese Salat</p> <p>Potato pancakes with vegetables</p>	<p>Wednesday (20.05.26)</p> <p><i>Chinese cabbage salad</i></p> <p><i>Okonomiyaki (Japanese pancake)</i></p>	<p>Wednesday (27.05.26)</p> <p>Cabbage salad</p> <p>Roasted cauliflower with vegetable rice</p>	
<p>Thursday (07.05.26)</p> <p>Trips</p> <p>Zucchini Parmigiana with Fried Potatoes</p>	<p>Thursday (14.05.26)</p> <p><i>Vegetable broth</i></p> <p><i>Yakitori skewers with rice</i></p>	<p>Thursday (21.05.26)</p> <p>Fennel salad</p> <p>Couscous with vegetables</p>	<p>Thursday (28.05.26)</p> <p>Cheese salad</p> <p>Lentil carrot casserole</p>	
<p>Friday (08.05.26)</p> <p>Fagiolisalat</p> <p>Chickpea Ragout with Merquez</p>	<p>Friday (15.05.26)</p> <p>Melon salad</p> <p>Tortellini with ricotta and spinach</p>	<p>Friday (22.05.26)</p> <p>Mixed salad</p> <p>Fish Bordeaux with potatoes</p>	<p>Friday (29.05.26)</p> <p><i>Tonkatsu with rice</i></p> <p><i>Fruit salad</i></p>	

Specialties according to the pedagogical theme of the month: Japan