



Menu Plan Densa Park – June 2026

Week 23	Week 24	Week 25	Week 26	Week 27
<p>Monday (01.06.26) <i>Chinese fennel carrot salad</i> <i>Fried Asian noodles with tofu and vegetables</i></p>	<p>Monday (08.06.26) Green salad Tortellini ricotta spinach with béchamel sauce</p>	<p>Monday (15.06.26) Tomato and Mozzarella Salad Bulgur with chicken oriental style</p>	<p>Monday (22.06.26) Cucumber salad with feta Gnocchi with tomato sauce</p>	<p>Monday (29.06.26) Colorful salad Spaghetti Bolognese with grated cheese</p>
<p>Tuesday (02.06.26) Corn and tomato salad Vegetable ratatouille with polenta</p>	<p>Tuesday (09.06.26) Cucumber salad Beef ragout with sauce with steamed potatoes</p>	<p>Tuesday (16.06.26) <i>Leaf salad</i> <i>Mapu Tofu Stew with Fried Rice</i></p>	<p>Tuesday (23.06.26) Honeydew melon with garden mint Millet pan with seasonal vegetables and chickpeas</p>	<p>Tuesday (30.06.26) Ice cream salad Rice Casserole Vegi Portuguese Style with Saffron</p>
<p>Wednesday (03.06.26) Carrot salad Leek Quiche with Grated Cheese</p>	<p>Wednesday (10.06.26) <i>Cabbage salad China style</i> <i>Tofu Saté Skewers with Rice</i></p>	<p>Wednesday (17.06.26) Cucumber salad Potato pancakes on a bed of lettuce with yoghurt dip</p>	<p>Wednesday (24.06.26) <i>Green Bean Salad</i> <i>Spring roll from the oven with edamame and Asian vegetables</i></p>	
<p>Thursday (04.06.26) Leaf salad with carrots Meatloaf with sauce and pressed potatoes</p>	<p>Thursday (11.06.26) Carrot salad Rolled barley risotto with cream cheese on a bed of vegetables</p>	<p>Thursday (18.06.26) Salad of steamed vegetables Risotto with green and white asparagus</p>	<p>Thursday (25.06.26) Beetroot salad Couscous with chicken thighs from the oven and seasonal vegetables</p>	
<p>Friday (05.06.26) Radish salad with apples Wild rice with tomato and lentil sauce</p>	<p>Friday (12.06.26) Oak leaf salad with fennel Coho salmon soup with vegetables</p>	<p>Friday (19.06.26) Tomato salad Toast Hawaii Vegi au gratin with cheese</p>	<p>Friday (26.06.26) Green salad with apple and carrot pieces Baked fish with herb crust on turmeric rice and steamed seasonal vegetables</p>	

Specialties according to the pedagogical theme of the month: China

