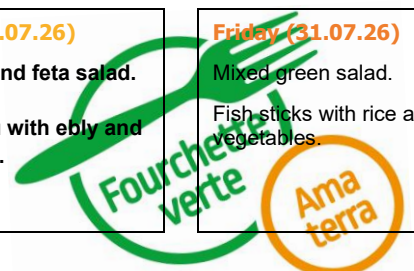




Menu Plan Bruderholz – July 2026

Week 27	Week 28	Week 29	Week 30	Week 31
<p>Monday (29.06.26)</p>	<p>Monday (06.07.26) Cobb salad. Chicken skewes with pita bread, potatoes and citron vinaigrette.</p>	<p>Monday (13.07.26) Tomato avocado salad. Sweet and sour tofu with basmati rice and broccoli.</p>	<p>Monday (20.07.26) Corn salad. Classic meat Lasagna.</p>	<p>Monday (27.07.26) Lentils salad. Sweet potato curry with rice and vegetables.</p>
<p>Tuesday (30.06.26)</p>	<p>Tuesday (07.07.26) Rucola with berries and parmesan cheese. Whole wheat spaghetti Primavera with veggie chicken.</p>	<p>Tuesday (14.07.26) Hawaiian salad. Veggie Loco Moco with quinoa bulgur and vegetables.</p>	<p>Tuesday (21.07.26) Cucumber salad. Fish Bordaillese with rice and vegetables.</p>	<p>Tuesday (28.07.26) Fresh green salad. Cordon blue with bulgur and vegetables.</p>
<p>Wednesday (01.07.26) Spinach and cranberries salad. Vegetarian Shepherd's Pie.</p>	<p>Wednesday (08.07.26) Greek salad. Eblysotto with marinated tofu and Asian vegetables.</p>	<p>Wednesday (15.07.26) Melon and sunflower seeds salad. Grilled chicken breasts with oregano baby potatoes and vegetables.</p>	<p>Wednesday (22.07.26) Tomato salad. Beef ragout with bulgur and vegetables.</p>	<p>Wednesday (29.07.26) Egg and cheese salad. Whole wheat pasta Napoletana.</p>
<p>Thursday (02.07.26) Nicoise salad. Tofu Pad Thai.</p>	<p>Thursday (09.07.26) Peach and mozzarella salad. Veggie sausages with rice, vegetables and onion sauce.</p>	<p>Thursday (16.07.26) White bean and feta salad. Vegetarian fajita pockets.</p>	<p>Thursday (23.07.26) Green salad with croutons. Whole wheat pasta lentils bolognese.</p>	<p>Thursday (30.07.26) Carrot salad. Tofu curry with ebyl and vegetables.</p>
<p>Friday (03.07.26) Fattoush salad. Californian omelet with sweet potatoes and vegetables.</p>	<p>Friday (10.07.26) Quinoa and tomato salad. Poutine Canadian Street food.</p>	<p>Friday (17.07.26) Mixed Salad. Pinza variation.</p>	<p>Friday (24.07.26) Beet root and feta salad. Crispy tofu with ebyl and vegetables.</p>	<p>Friday (31.07.26) Mixed green salad. Fish sticks with rice and vegetables.</p>



Specialties according to the pedagogical theme of the month: Cyprus

Deviations are declared in the daily menu

Seasonal fruit and vegetables: Coop, Prodega ——— Meat origin: Chicken, lamb and pork: CH, Beef and veal: CH, regional