



## Menu Plan Densa Park – July 2026

Week 27	Week 28	Week 29	Week 30	Week 31
	<b>Monday (06.07.26)</b> Vegetable sticks with dip Penne Napoli	<b>Monday (13.07.26)</b> Mixed salad Spinach tart	<b>Monday (20.07.26)</b> Beetroot salad Potato rösti Bernese style	<b>Monday (27.07.26)</b> Corn salad Eggs a la Florentina with spinach and potatoes
	<b>Tuesday (07.07.26)</b> Cucumber salad Vegetable cake with goat cheese and salad	<b>Tuesday (14.07.26)</b> Honeydew melon with mint Veal adrio with mashed potatoes	<b>Tuesday (21.07.26)</b> <b>Greek salad with potatoes and cream cheese</b> <b>Fruit salad</b>	<b>Tuesday (28.07.26)</b> Cheese salad Homemade spaetzle pan
<b>Wednesday (01.07.26)</b> Risoni salad Oriental vegetables with couscous	<b>Wednesday (08.07.26)</b> <b>Feta salad</b> <b>Cypriot Tava (stew with lamb and vegetables)</b>	<b>Wednesday (15.07.26)</b> Caprese salad Spaghetti Romanesco with almonds	<b>Wednesday (22.07.26)</b> Carrot salad Chicken curry with rice	<b>Wednesday (29.07.26)</b> Cucumber salad Merguez on tomato-caper sauce with Ebly
<b>Thursday (02.07.26)</b> <b>Tomato salad</b> <b>Pastitsio (Greek Pasta Casserole)</b>	<b>Thursday (09.07.26)</b> Avocado salad Potato and cabbage gratin with carrots	<b>Thursday (16.07.26)</b> Radish salad Egg omelette with vegetables	<b>Thursday (23.07.26)</b> Celery Salad Potato pizza on a bed of lettuce	<b>Thursday (30.07.26)</b> <b>Bean salad</b> <b>Moussaka with eggplant</b>
<b>Friday (03.07.26)</b> Fennel salad with pomegranate Ticino toast with salad garnish	<b>Friday (10.07.26)</b> Lentil salad Stuffed zucchini with quinoa	<b>Friday (17.07.26)</b> <b>Rice salad with tuna</b> <b>Fried haloumi cheese on beetroot and spinach salad</b>	<b>Friday (24.07.26)</b> Green salad Fish crisps with oven fries	<b>Friday (31.07.26)</b> Coleslaw Polenta slices with tomato sauce

**Specialties according to the pedagogical theme of the month: Cyprus**

