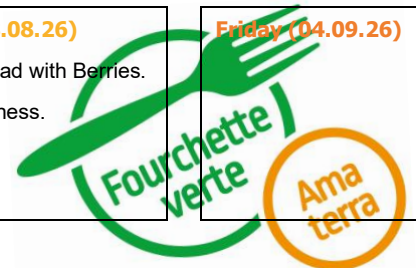




Menu Plan Bruderholz – August 2026

Week 32	Week 33	Week 34	Week 35	Week 36
Monday (03.08.26) Farm Fresh Egg and Gruyère Salad. Golden Baked Orzo with Spinach and Tomato Sauce.	Monday (10.08.26) Sweet Watermelon and Feta Salad. Summer Dinky Ragù with Ebly and Garden Vegetables.	Monday (17.08.26) Veggie Sticks with Homemade Tzatziki. Sweet and Sour Tofu with Basmati Rice and Broccoli.	Monday (24.08.26) Lentil Couscous Salad. Chicken Turmeric with Savory Rice and Vegetables.	Monday (31.08.26) Rustic Panzanella Salad. Turkey Filet with Garlicky Potatoes, Vegetables and Gravy Sauce.
Tuesday (04.08.26) Classic Greek Garden Salad. Ratatouille with Soja Chunks, Oregano Potatoes and Feta Cheese.	Tuesday (11.08.26) Fattoush Salad. Fattah, Lamb Stew with Rice Pilaf and Vegetables.	Tuesday (18.08.26) Cauliflower and Red Pepper Salad. Crispy Veggie Schnitzel with Bulgur and Grilled Veggies.	Tuesday (25.08.26) Fresh Green and Melon Salad. Crunchy Fish and Chips with Peas.	Tuesday (01.09.26)
Wednesday (05.08.26) Crunchy Cucumber Salad. Golden Crispy Tofu with Jasmine Rice and Grilled Vegetables.	Wednesday (12.08.26) Zesty Kidney Bean Salad with Cilantro Lime Dressing. Creamy American Mac 'n' Cheese Pasta.	Wednesday (19.08.26) Koshaf Salad. Sanyet Ferakh, Lemon Mustard Chicken with Baked Potato and Vegetables.	Wednesday (26.08.26) Tomato and Avocado Salad. Creamy Ebly Risotto with Soya Mince, Bell Peppers and Zucchini.	Wednesday (02.09.26)
Thursday (06.08.26) Salatet Baladi. Kabab Hala, Braised Beef with Bulgur and Vegetables.	Thursday (13.08.26) Colorful Rainbow Salad. Crispy Salmon with Jasmine Rice and Vegetables.	Thursday (20.08.26) Crunchy Caesar Salad. Cozy Vegetarian Chili con Carne with Rice.	Thursday (27.08.26) Broccoli Salad. Whole Wheat Pasta Bolognese.	Thursday (03.09.26)
Friday (07.08.26) Sweet Carrot Salad. Stuffed Bell Peppers with Lentils and Rice.	Friday (14.08.26) Fresh Garden Salad with Roasted Vegetables. Golden Rösti with Sunny-Side-Up Eggs.	Friday (21.08.26) Greek Chickpea Salad. Grilled Halloumi Cheese with Kritharaki Pasta and Lemon Sauce.	Friday (28.08.26) Garden Salad with Berries. Borek Madness.	Friday (04.09.26)



Specialties according to the pedagogical theme of the month: Egypt

Deviations are declared in the daily menu

Seasonal fruit and vegetables: Coop, Prodega ——— Meat origin: Chicken, lamb and pork: CH, Beef and veal: CH, regional