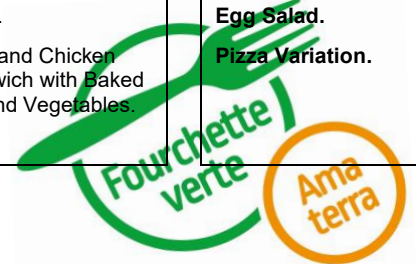




Menu Plan Bruderholz – September 2026

Week 36	Week 37	Week 38	Week 39	Week 40
Monday (31.08.26) Rustic Panzanella Salad. Turkey Filet with Garlicky Potatoes, Vegetables and Gravy Sauce.	Monday (07.09.26) Caesar Salad. Gnocchi with Broccoli and Beans in Tomato Sauce.	Monday (14.09.26) Melon Salad. Chicken Parmesan with Ebly and Vegetables.	Monday (21.09.26) Kachumber Salad. Chana Masala with Jasmine Rice and Vegetables.	Monday (28.09.26) Corn Salad. Alpine Macaroni with Apple Sauce.
Tuesday (01.09.26) Chickpea Salad. Whole wheat Pasta alla Norma.	Tuesday (08.09.26) Cauliflower Salad. Chicken Piccata with Sweet Potatoes and Vegetables.	Tuesday (15.09.26) Cobb Salad. Sweet and Sour Tofu with Basmati Rice and Broccoli.	Tuesday (22.09.26) White Bean and Feta Salad. Whole Wheat Pasta al Forno.	Tuesday (29.09.26) Beetroot Salad. Fish Nuggets with Rice and Peas.
Wednesday (02.09.26) Taco Salad. Italian Baked Tofu with Bulgur and Vegetables.	Wednesday (09.09.26) Tomato Avocado Salad. Vegetarian Pad Thai.	Wednesday (16.09.26) Caprese salad. Whole Wheat Pasta Amatriciana.	Wednesday (23.09.26) Asian Crushed Salad. Indonesian Fried Rice.	Wednesday (30.09.26) Cucumber Salad. Chicken Schnitzel with Ebly and Vegetables.
Thursday (03.09.26) Cucumber Salad. Chicken Cacciatore with Baked Potatoes and Vegetables.	Thursday (10.09.26) Tuna Salad. Whole Wheat Pasta Puttanesca.	Thursday (17.09.26) Lemony zucchini and Fregola salad. Risotto Cinque Terre.	Thursday (24.09.26) Italian Chopped Salad. Tofu with Pesto Sauce, Quinoa, Bulgur and Vegetables.	Thursday (01.10.26) Lentil Salad. Pasta Pomodoro with Cottage Cheese.
Friday (04.09.26) Watermelon Salad. Tuscan Salmon with Ebly and Vegetables.	Friday (11.09.26) Greek Salad. Baked Eggplant and Tofu with Basmati Rice and Vegetables.	Friday (18.09.26) Fresh Quinoa Salad. Toasted Bagel with Eggs, Cheese, and Sweet Potato Fries.	Friday (25.09.26) Chef Salad. Pita Bread and Chicken Club Sandwich with Baked Potatoes and Vegetables.	Friday (02.10.26) Egg Salad. Pizza Variation.



Specialties according to the pedagogical theme of the month: Italy

Deviations are declared in the daily menu

Seasonal fruit and vegetables: Coop, Prodega ——— Meat origin: Chicken, lamb and pork: CH, Beef and veal: CH, regional