

Menu Plan Bruderholz – November 2026

Week 45	Week 46	Week 47	Week 48	Week 49
Monday (02.11.26) Thai carrot lentil velouté, with ginger and coconut. Whole wheat carbonara, finished with a creamy egg and cheese.	**Monday (09.11.26)** Herbed creamy tomato soup. Sticky honey and garlic chicken wings with French fries and vegetables.	**Monday (16.11.26)** Leek and potato soup. Ebly Risotto with tomato sauce, vegetables and Quorn chunks.	**Monday (23.11.26)** **Beet Salad.** **Finnish style salmon with garlic potatoes, vegetables and dill sauce.**	**Monday (30.11.26)** Rustic lentil soup. Al Capone's signature spaghetti.
Tuesday (03.11.26) Cauliflower, red pepper and sunflower seed salad. Crisp veggie schnitzel, served with baked potatoes and vegetables.	**Tuesday (10.11.26)** Creamy vegetable soup. Vegetarian chili con carne, served with aromatic herb rice.	**Tuesday (17.11.26)** **Creamy spinach soup.** **Finnish meat balls with mashed potatoes, vegetables and gravy.**	**Tuesday (24.11.26)** Fresh green salad with egg and Swiss cheese. Whole wheat pasta Cinque Pi.	**Tuesday (01.12.26)**
Wednesday (04.11.26) Velvety pumpkin velouté. General Tso's glazed tofu, paired with glass noodles and Asian vegetables.	**Wednesday (11.11.26)** **Apples and cranberries salad.** **Fish stew from Finland with potatoes and vegetables.**	**Wednesday (18.11.26)** Lentil and roasted sweet potato salad. Whole wheat pasta gratin with spinach and Gruyère.	**Wednesday (25.11.26)** Alphabet soup. Buttered chicken with jasmine rice and vegetables.	**Wednesday (02.12.26)**
Thursday (05.11.26) **Lettuce Salad, with apple and croutons.** **Slow braised Lamb from Finland, with fragrant rice and vegetables.**	**Thursday (12.11.26)** Sicilian chickpea salad, tossed with sun-ripened tomatoes. Whole wheat pasta alla Norma.	**Thursday (19.11.26)** Creamy pumpkin soup. Braised cauliflower and white beans in tomato sauce with basmati rice.	**Thursday (26.11.26)** Broccoli and cheddar soup. Sweet potato chickpeas curry with Ebly and seasonal vegetables.	**Thursday (03.12.26)**
Friday (06.11.26) Italian bean salad. Nonna's piadina, delicately crisped and filled with traditional Italian ingredients.	**Friday (13.11.26)** Tomato and Mozzarella Salad American Turkey Club Sandwich.	**Friday (20.11.26)** Quinoa salad. Toasted bagel with eggs, cheese, and French fries.	**Friday (27.11.26)** Creamy potato salad. Sizzling tofu fajitas with peppers and onions.	**Friday (04.12.26)**

Specialties according to the pedagogical theme of the month: Finland

Deviations are declared in the daily menu

Seasonal fruit and vegetables: Coop, Prodega —-- Meat origin: Chicken, lamb and pork: CH, Beef and veal: CH, regional